

FOKUS



FORM TRYKKBOKSTAVEN

FOKUS A: BOKSTAVLYDENE

LESESTART OG LESEKURS A

Toril Karstad

Fokus er utviklet ved hjelp av Extra-midler.

Omslagsbilde: Melissa Adéle Popkema

Flere oppgaver på papir og nett fins på:

Fokus digital læringsressurs (fokus.no).

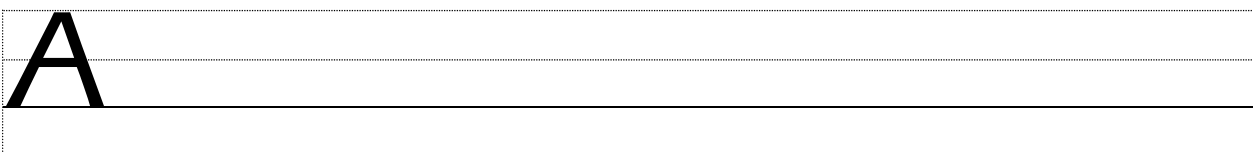
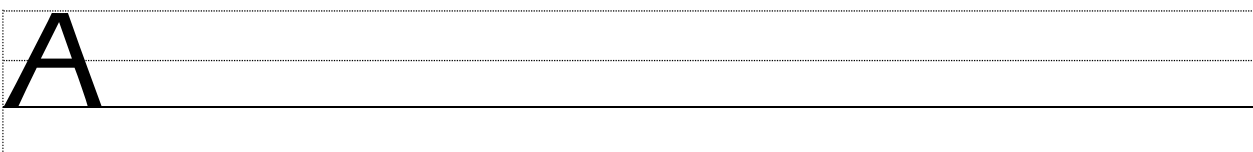
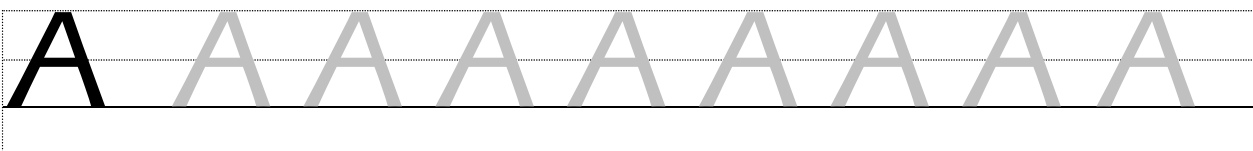
Innhold

Side	Fokus
4	A
4	a
5	B
5	b
6	D
6	d
7	E
7	e
8	F
8	f
9	G
9	g
10	H
10	h
11	I
11	i
12	J
12	j
13	K
13	k
14	L
14	l
15	M
15	m
16	N
16	n
17	O
17	o
18	P
18	p
19	R
19	r
20	S
20	s
21	T
21	t
22	U
22	u
23	V
23	v
24	Y
24	y
25	Æ
25	æ
26	Ø
26	ø
27	Å
27	å

A: SKRIV TRYKKBOKSTAVET. SI BESKJEDEGEN TIL DEG SELV MENS DU SKRIVER.

Høyre: SKRÅTT OPP, SKRÅTT NED, VANNRETT MOT HØYRE

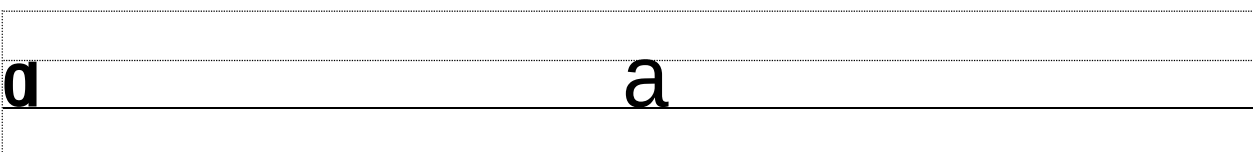
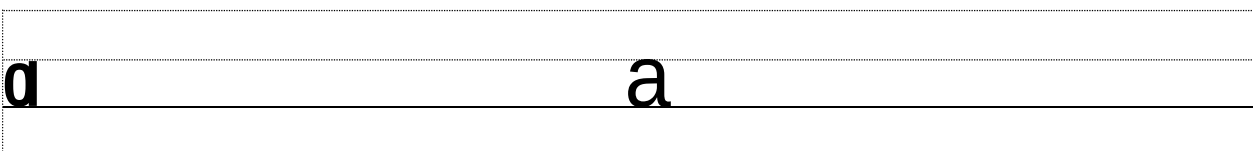
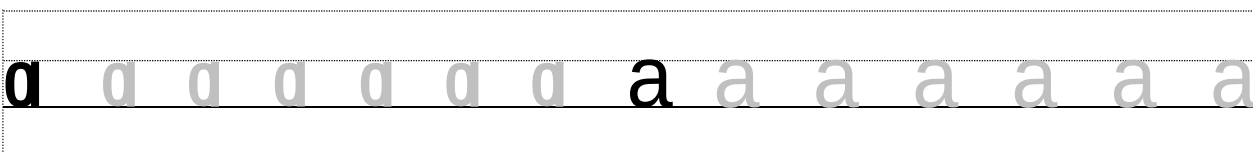
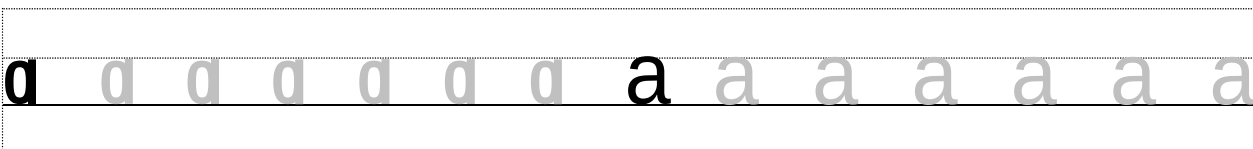
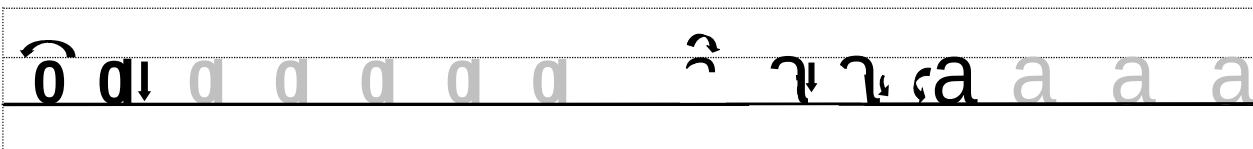
Venstre: SKRÅTT OPP, SKRÅTT NED, VANNRETT MOT VENSTRE



a: SKRIV TRYKKBOKSTAVET. SI BESKJEDEGEN TIL DEG SELV MENS DU SKRIVER.

OVAL, LODDRETT NED

BUE NED*, LODDRETT NED, BØY, RUND FORM TIL VENSTRE



* BUE NED BETYR BUE MED ÅPNING I RETNING NEDOVER

Form trykkbokstaven: forenklete selvinstruksjoner bygd på Nyborgs BU-modell

B: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, LITEN VENSTREBUE OPPE, LITEN VENSTREBUE NEDE

VENSTREBUE BETYR BUE MED ÅPNING I RETNING MOT VENSTRE

I ↓ P ↻ B ↻ B B B B B B B

B B B B B B B B B B B B

B

B

b: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, OPP OG RUND FORM TIL HØYRE

I ↓ b ↻ b b b b b b b b b b b b b

b b b b b b b b b b b b b

b

b

b

D: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, STOR VENSTREBUE

VENSTREBUE BETYR BUE MED ÅPNING I RETNING MOT VENSTRE

I ↓ D ↺ D D D D D D D

D D D D D D D D D

D

D

d: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LITEN RUND FORM, OPP OG LODDRETT NED

o ↺ d ↻ d d d d d d d d d d d d d

d d d d d d d d d d d d d

d

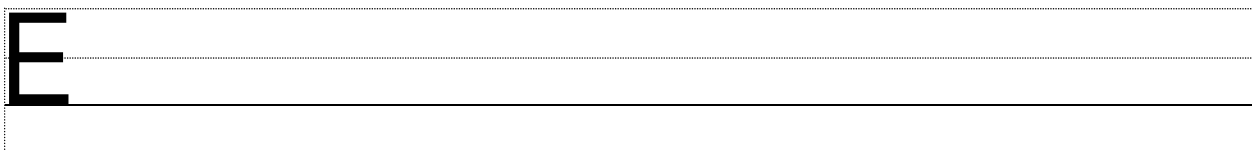
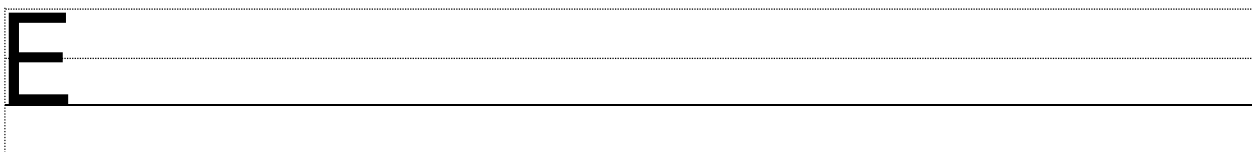
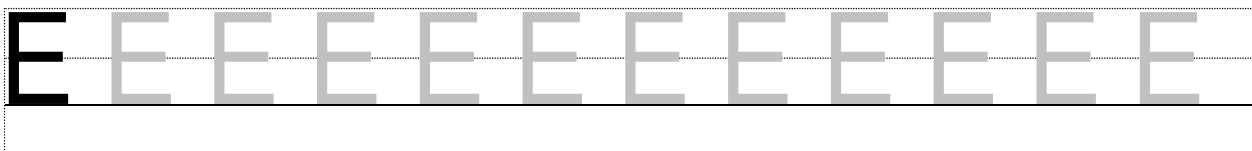
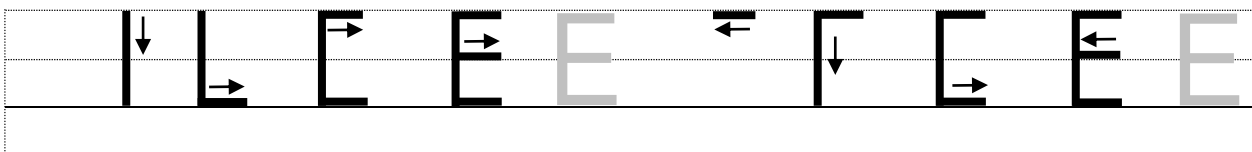
d

d

E: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: LODDRETT NED, VANNRETT, VANNRETT OPPE, VANNRETT MIDT PÅ

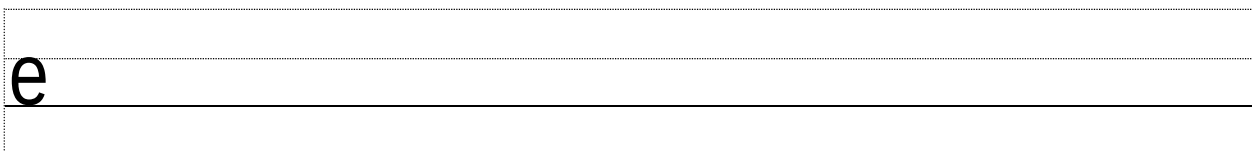
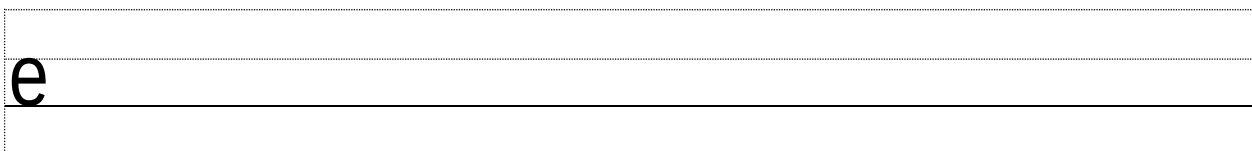
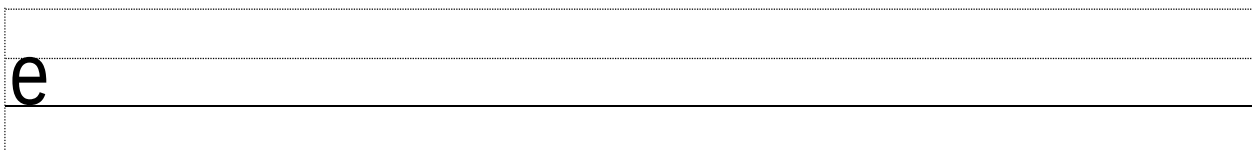
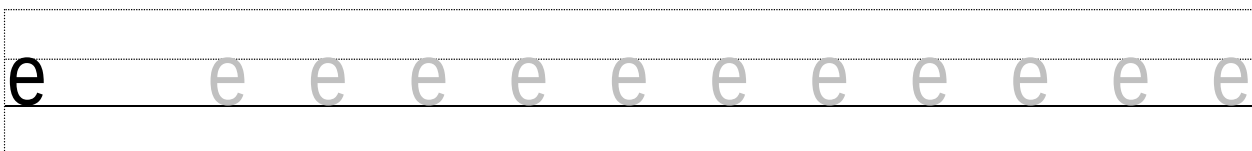
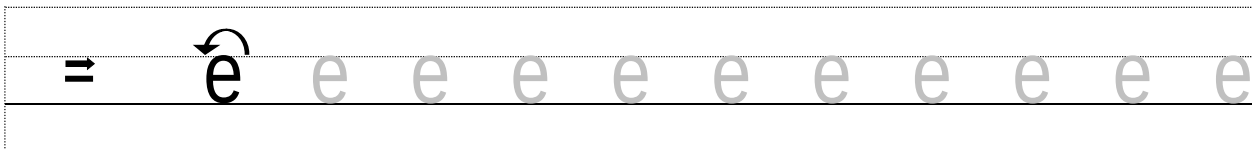
Venstre: VANNRETT, LODDRETT NED, VANNRETT NEDE, VANNRETT MIDT PÅ



e: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

VANNRETT MOT HØYRE, HØYREBUE

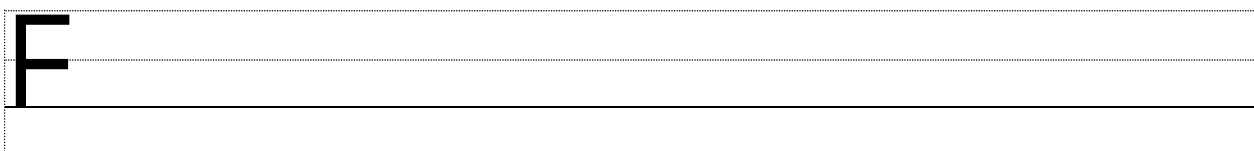
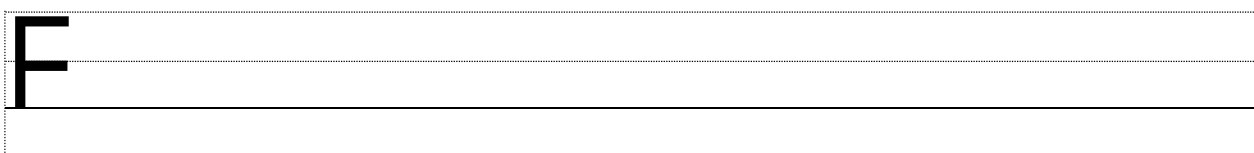
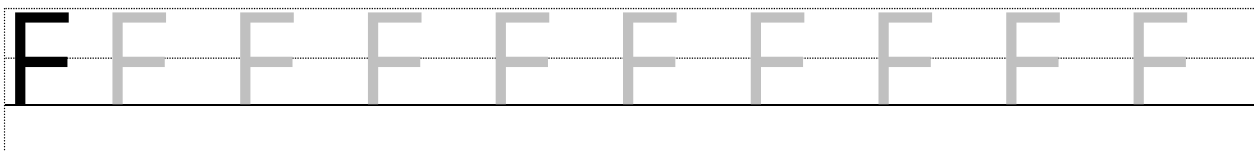
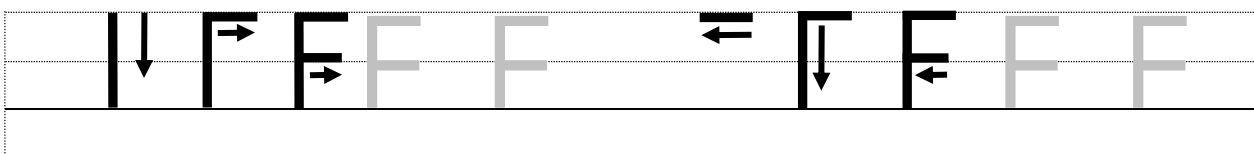
HØYREBUE BETYR BUE MED ÅPNING I RETNING MOT HØYRE



F: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: LODDRETT NED, VANNRETT, VANNRETT

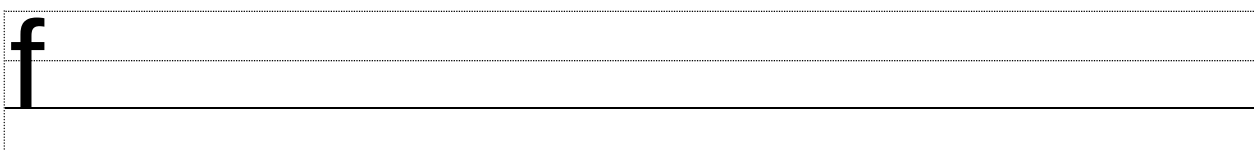
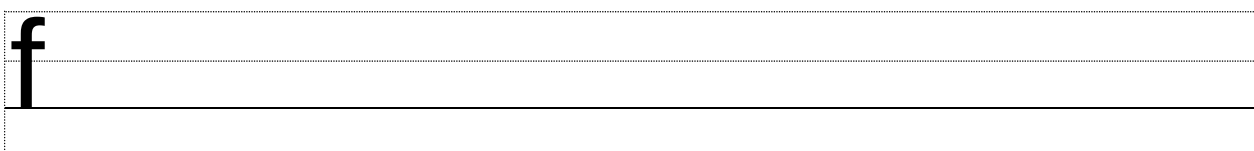
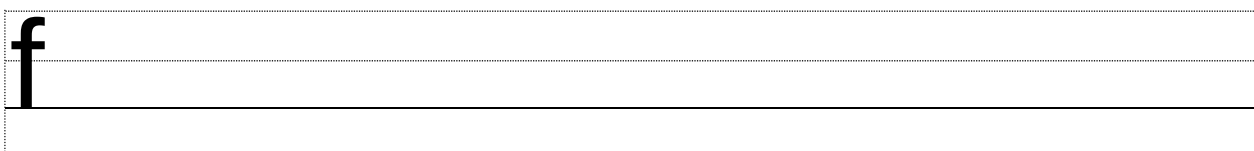
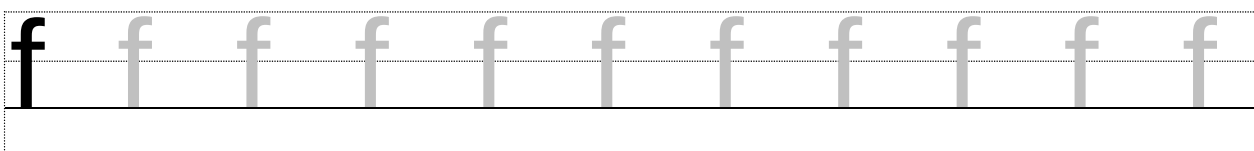
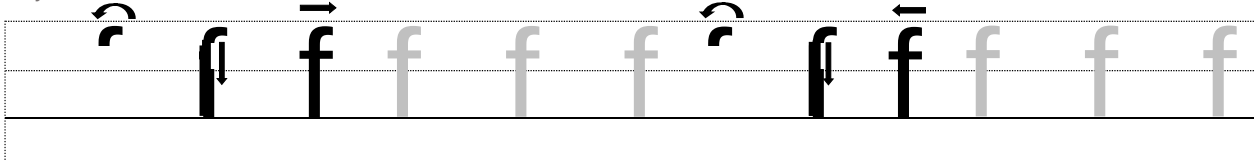
Venstre: VANNRETT, LODDRETT NED, VANNRETT



f: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: BUE NED*, LODDRETT NED, VANNRETT

Venstre: BUE NED*, LODDRETT NED, VANNRETT



* BUE NED BETYR BUE MED ÅPNINGEN I RETNING NEDOVER

Form trykkbokstaven: forenklede selvinstruksjoner bygd på Nyborgs BU-modell

G: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

STOR HØYREBUE, VANNRETT

HØYREBUE BETYR BUE MED ÅPNING I RETNING MOT HØYRE

Ĉ Ğ Ğ Ğ Ğ Ğ Ğ Ğ Ğ Ğ Ğ Ğ

G G G G G G G G G G G

G

G

g: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

RUND FORM, DYP LODDRETT LINJE, BUE OPP

BUE OPP BETYR BUE MED ÅPNING I RETNING OPPOVER

ō q q q q q q q q q q

g g g g g g g g g g g

g

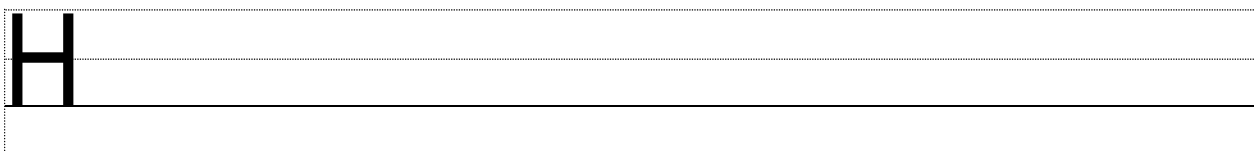
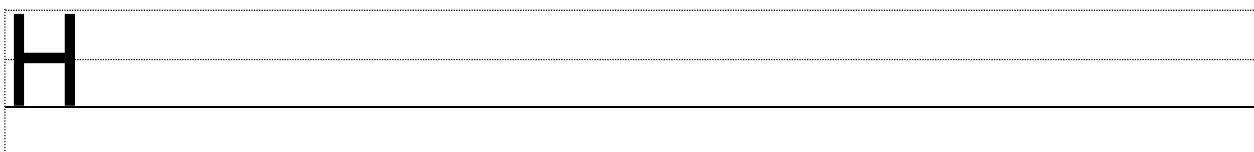
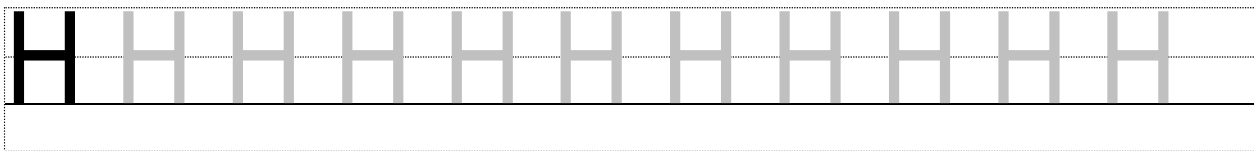
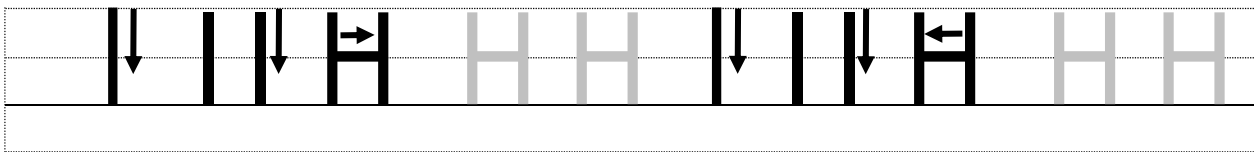
g

g

H: SKRIV TRYKKBOKSTAVET. SI BESKJEDE^N TIL DEG SELV^V MENS DU SKRIVER.

Høyre: LODDRETT NED, LODDRETT NED, VANNRETT

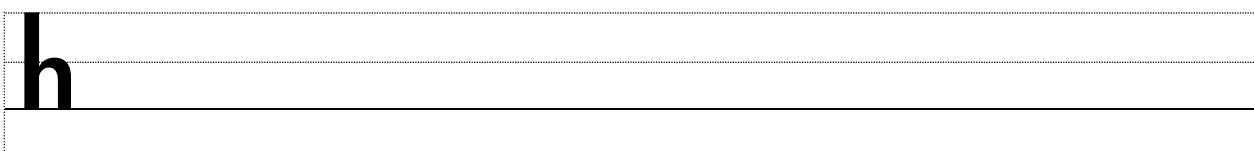
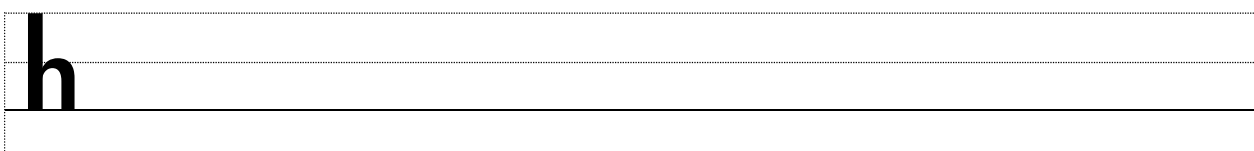
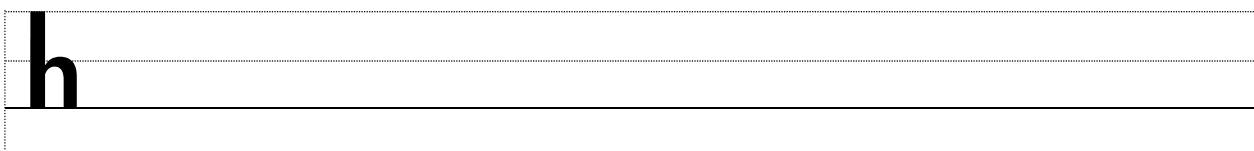
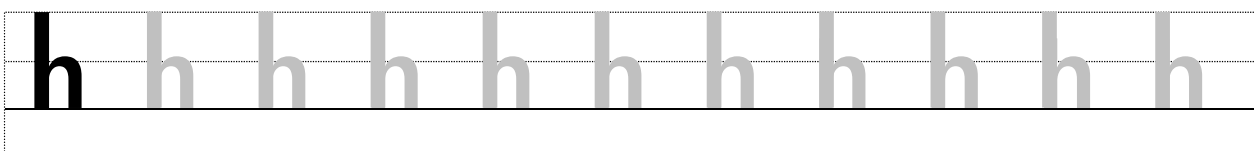
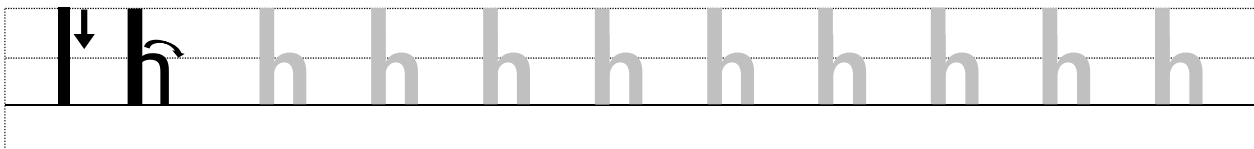
Venstre: LODDRETT NED, LODDRETT NED, VANNRETT



h: SKRIV TRYKKBOKSTAVET. SI BESKJEDE^N TIL DEG SELV^V MENS DU SKRIVER.

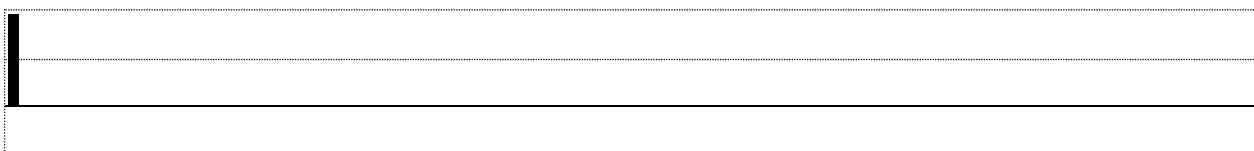
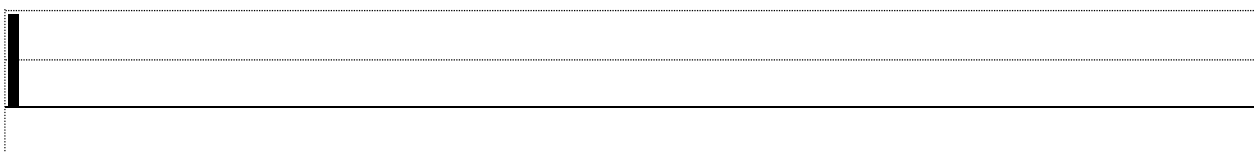
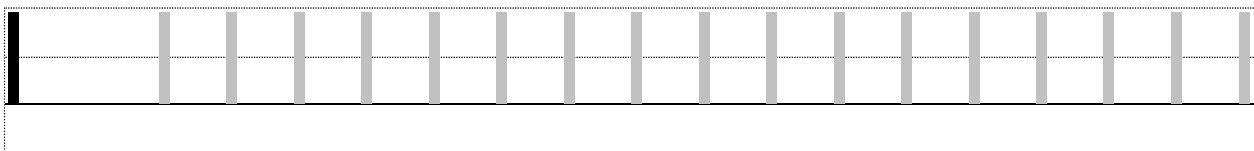
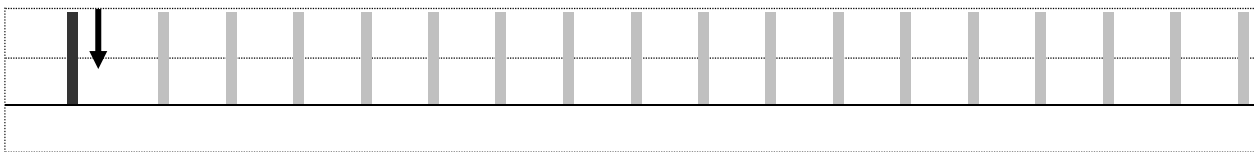
LODDRETT NED, BUE NED

BUE NED BETYR BUE MED ÅPNING I RETNING NEDOVER



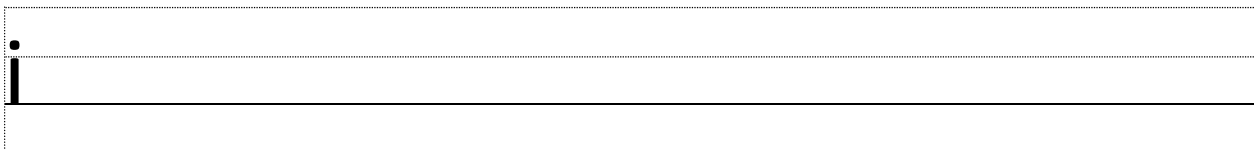
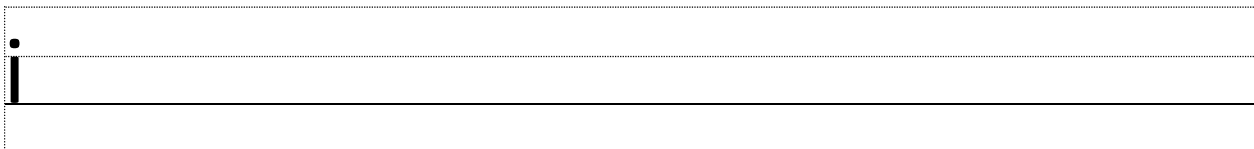
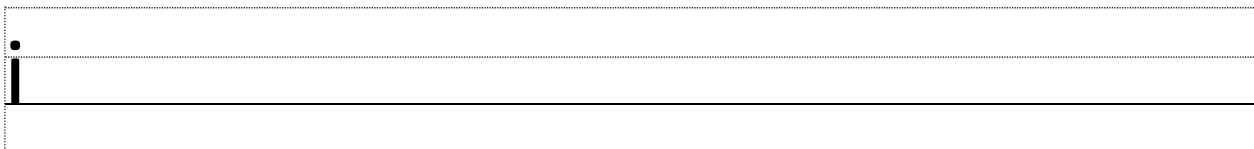
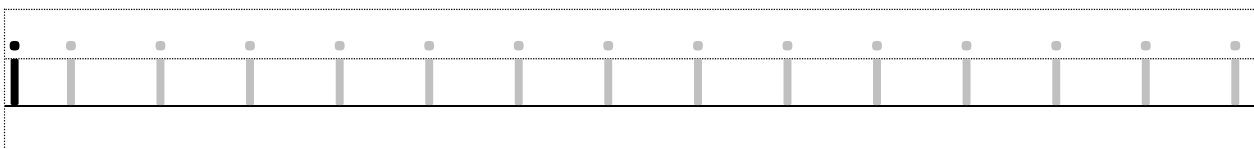
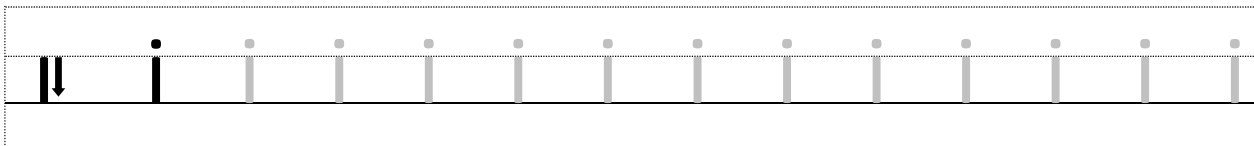
I: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED



i: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

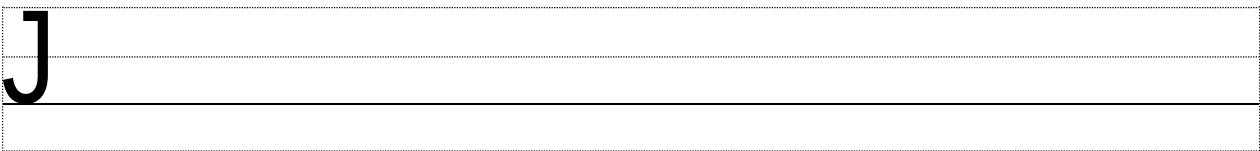
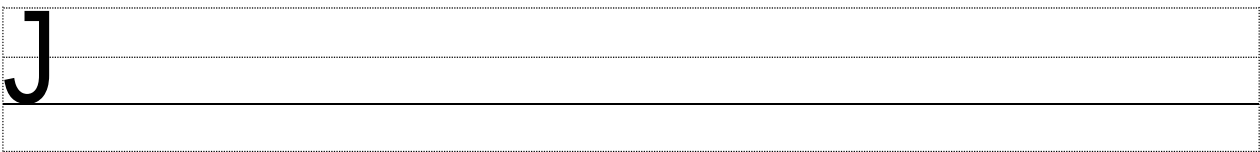
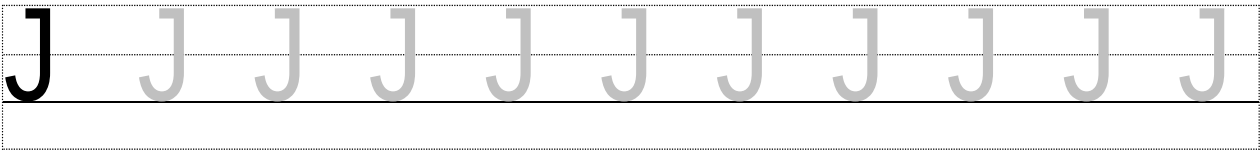
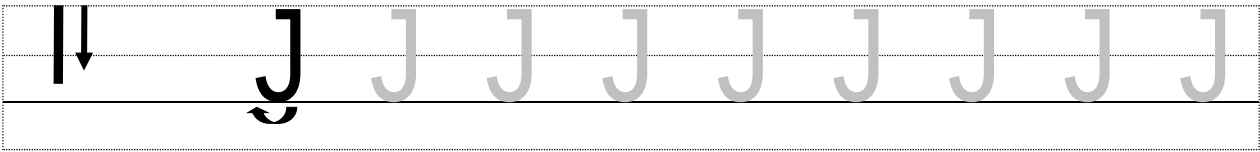
LODDRETT NED, PRIKK



J: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, MOT VENSTRE, LITEN BUE OPP

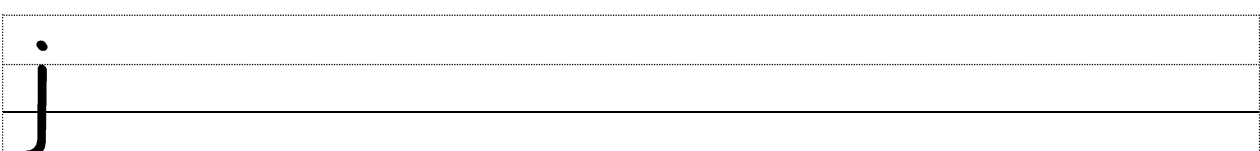
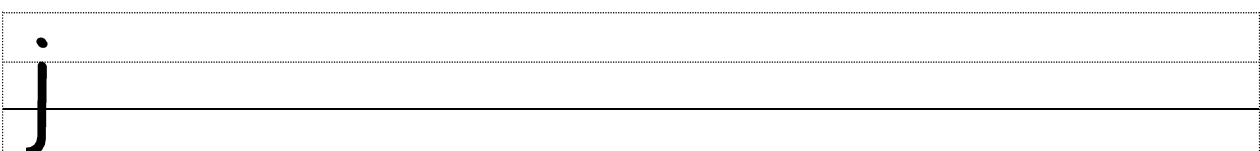
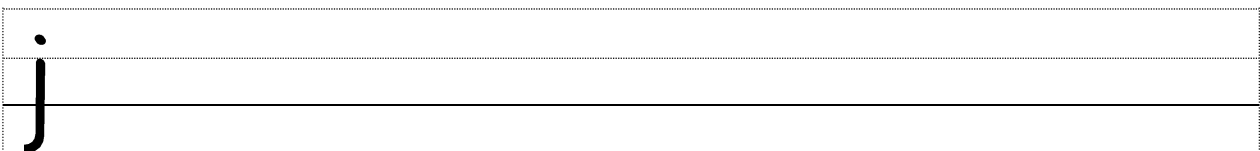
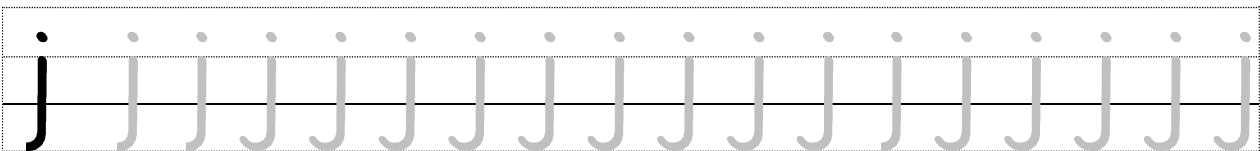
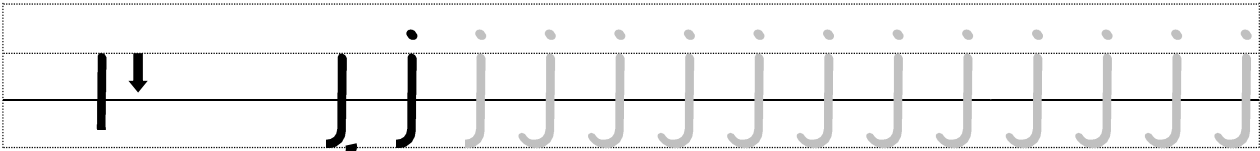
BUE OPP BETYR BUE MED ÅPNING I RETNING OPPOVER



j: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

DYP LODDRETT LINJE, MOT VENSTRE, BUE OPP, PRIKK

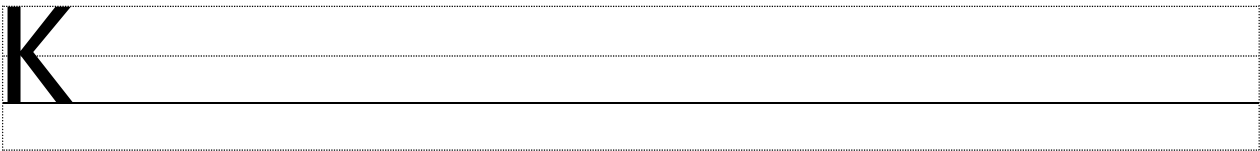
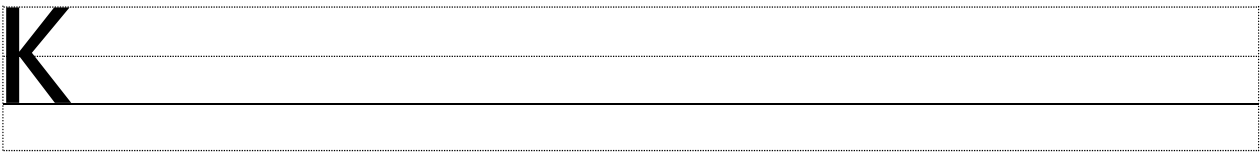
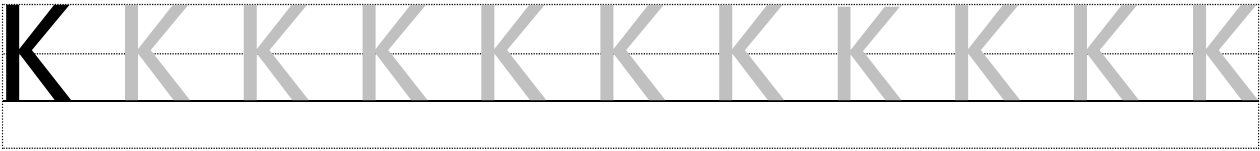
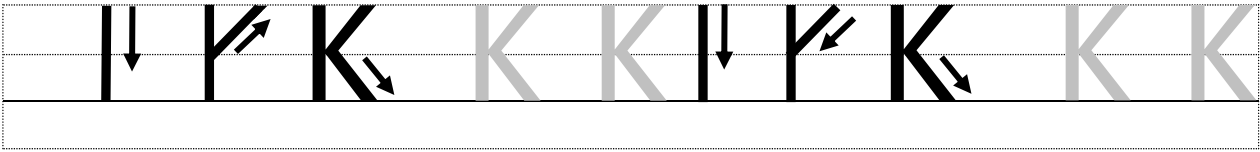
BUE OPP BETYR BUE MED ÅPNING I RETNING OPPOVER



K: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: LODDRETT NED, SKRÅTT OPP, SKRÅTT NED

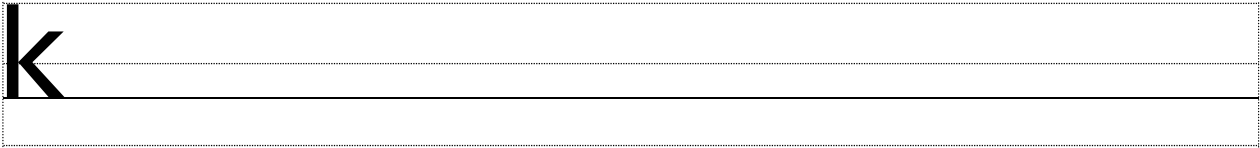
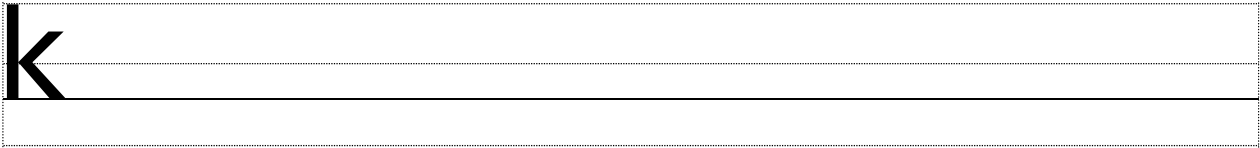
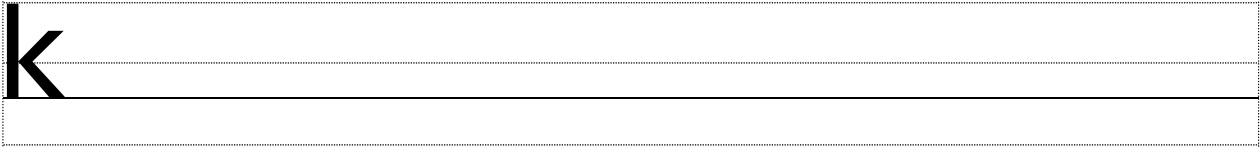
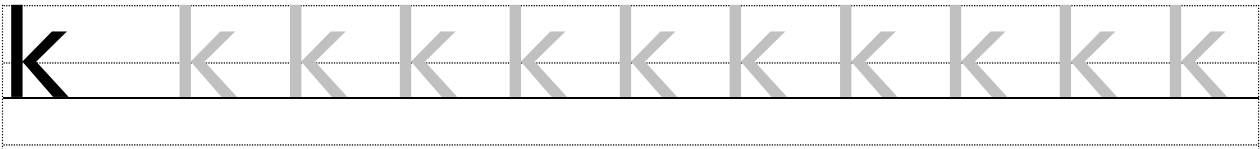
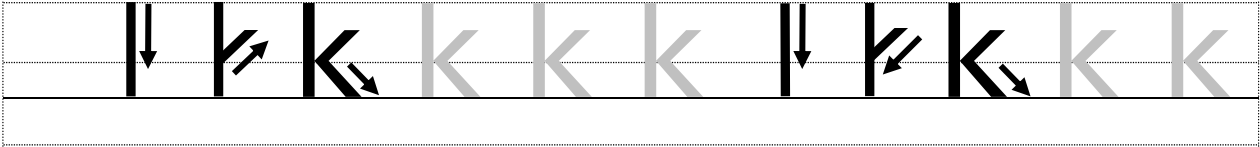
Venstre: LODDRETT NED, SKRÅTT NED, SKRÅTT NED



k: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

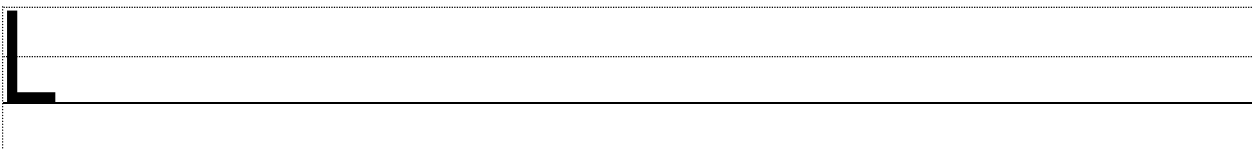
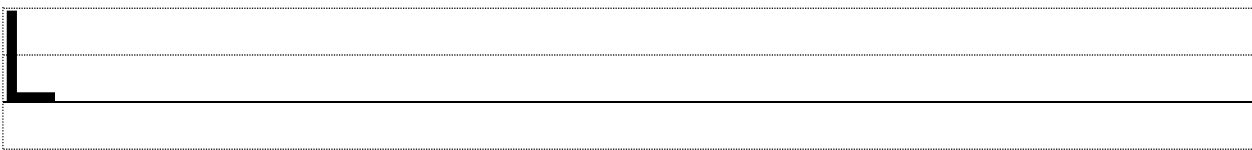
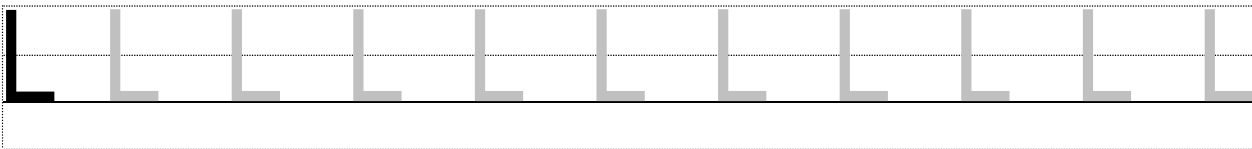
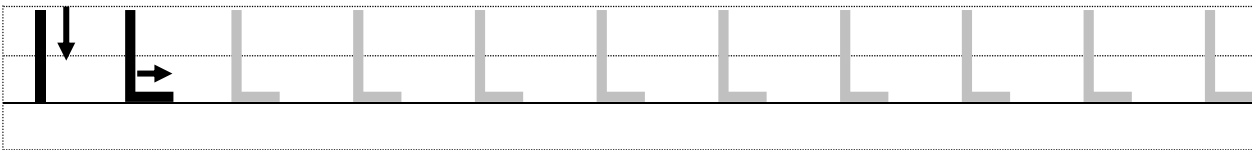
Høyre: LODDRETT NED, SKRÅTT OPP, SKRÅTT NED

Venstre: LODDRETT NED, SKRÅTT NED, SKRÅTT NED



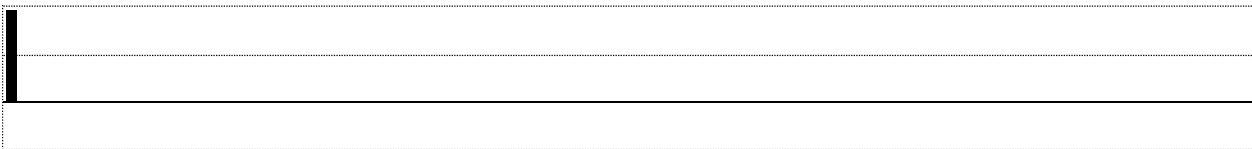
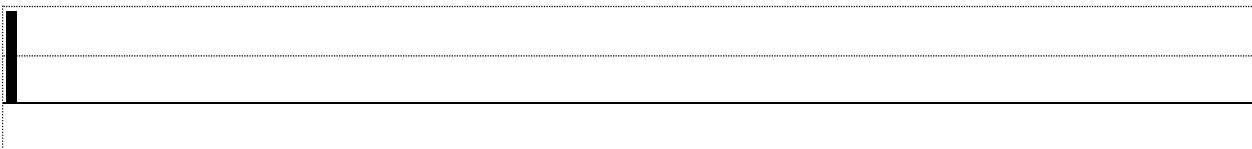
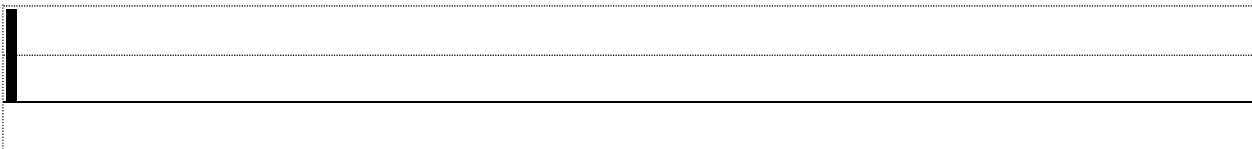
L: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, VANNRETT



I: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

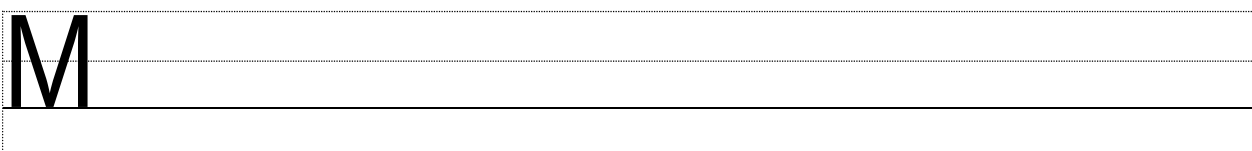
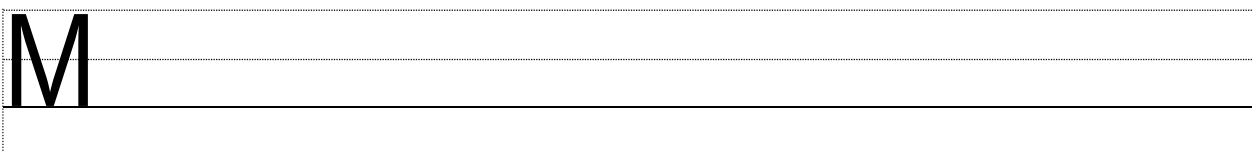
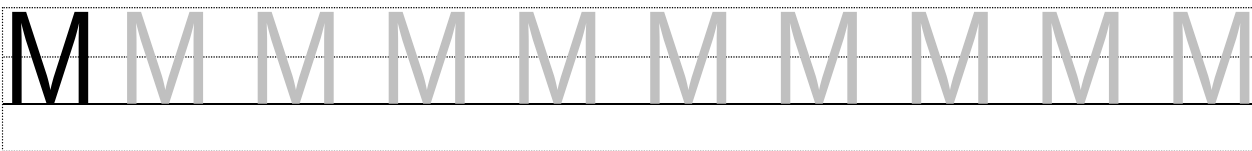
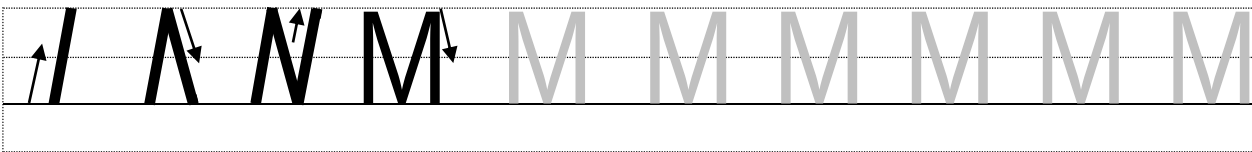
LODDRETT NED



Form trykkbokstaven: forenklede selvinstruksjoner bygd på Nyborgs BU-modell

M: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

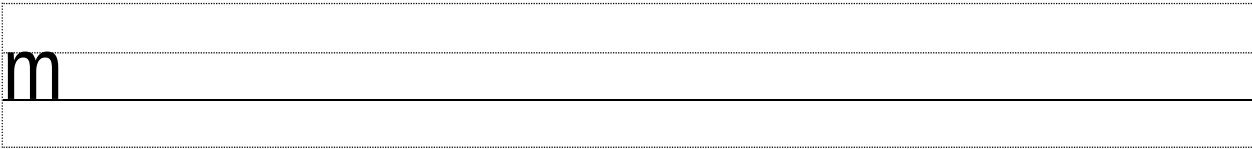
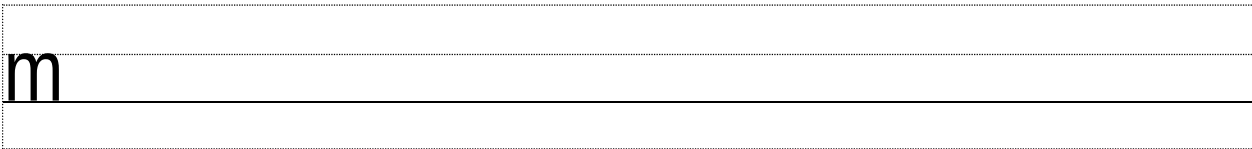
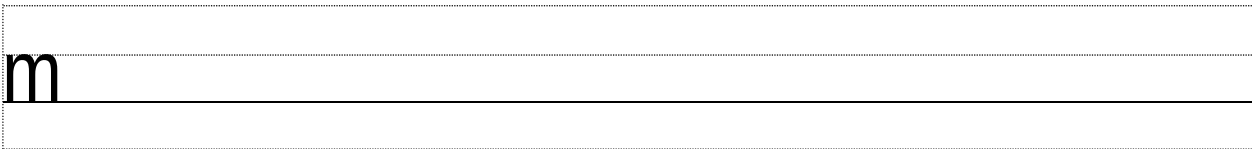
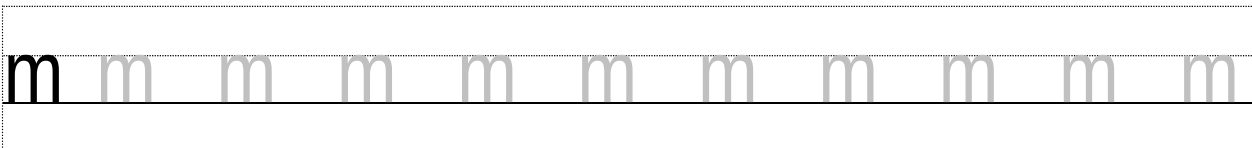
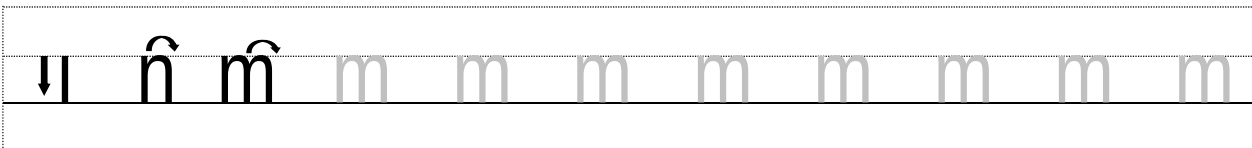
SKRÅTT OPP, SKRÅTT NED, SKRÅTT OPP, SKRÅTT NED



m: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

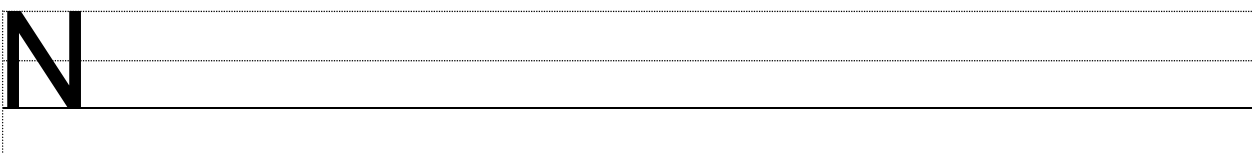
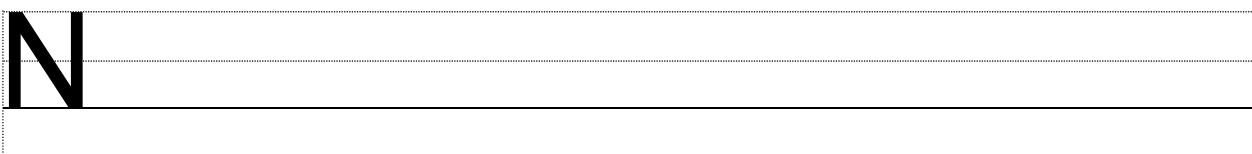
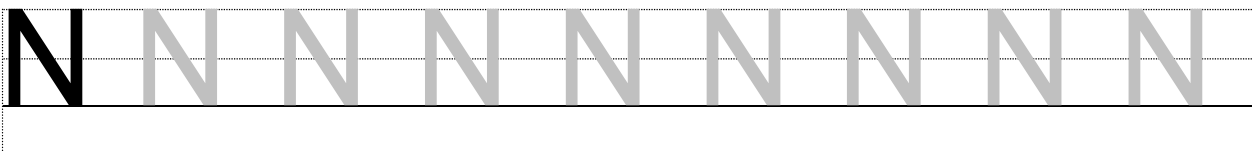
LODDRETT NED, BUE NED, BUE NED

BUE NED BETYR BUE MED ÅPNINGEN I RETNING NEDOVER



N: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

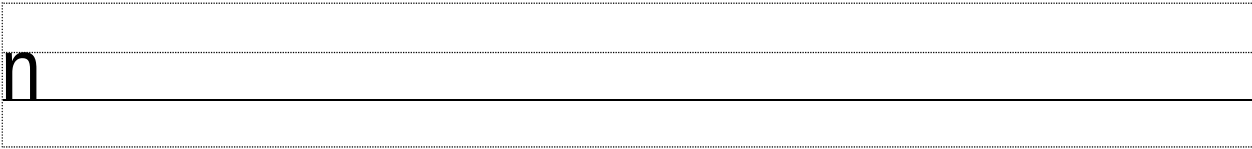
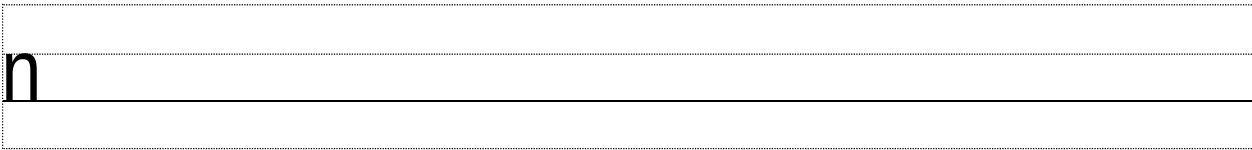
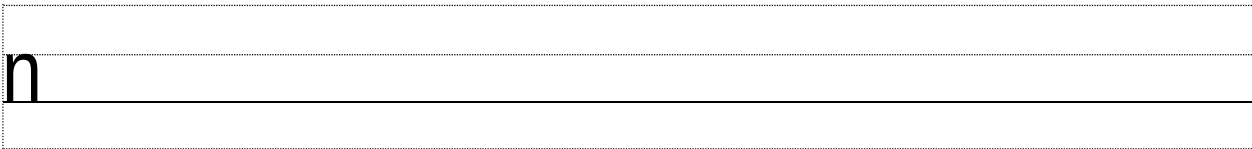
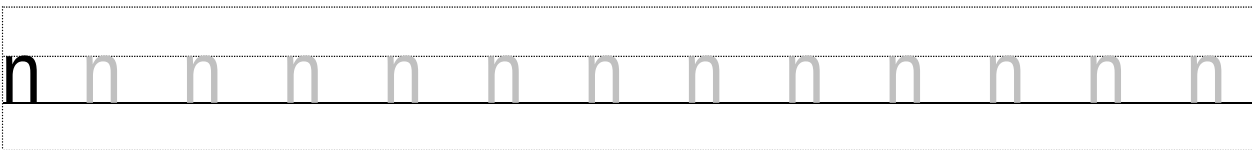
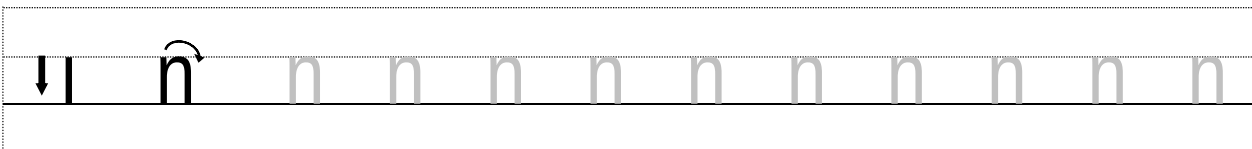
LODDRETT OPP, SKRÅTT NED, LODDRETT OPP



n: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, BUE NED

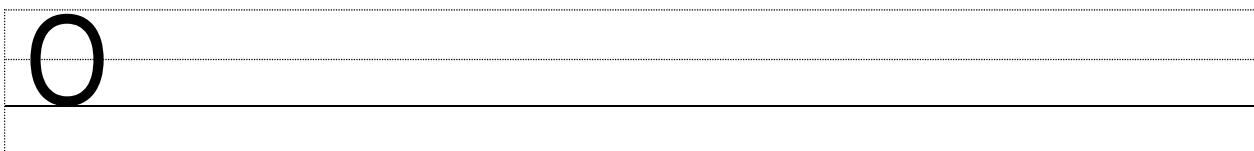
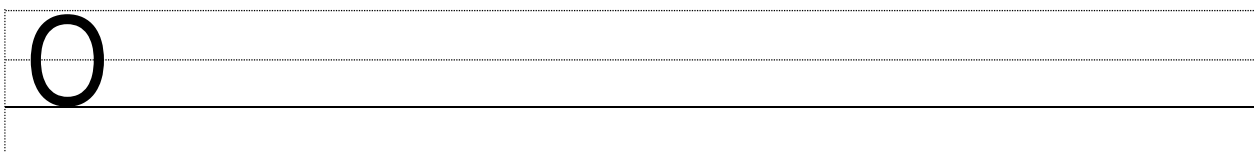
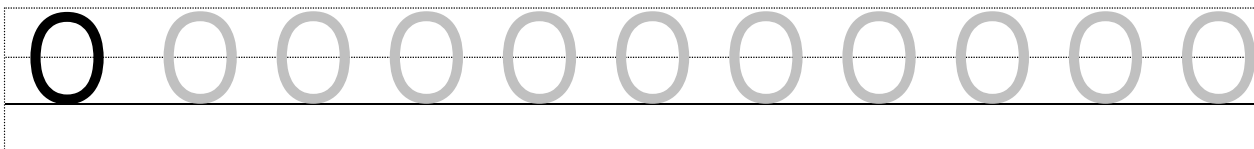
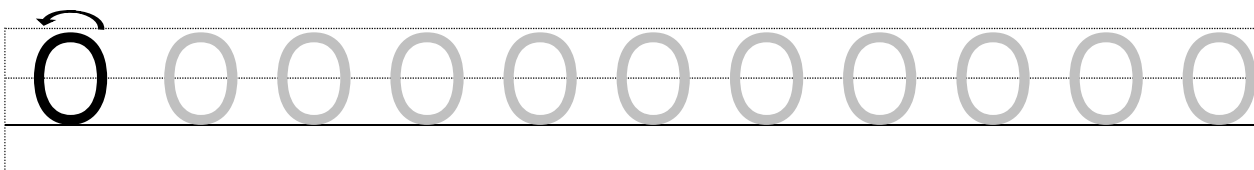
BUE NED BETYR BUE MED ÅPNING I RETNING NEDOVER



Form trykkbokstaven: forenklede selvinstruksjoner bygd på Nyborgs BU-modell

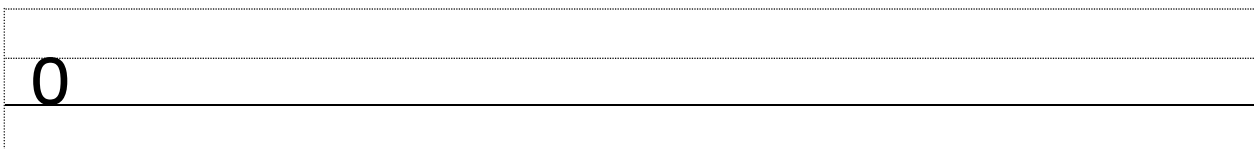
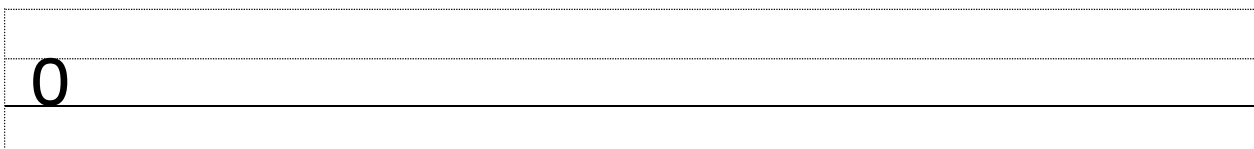
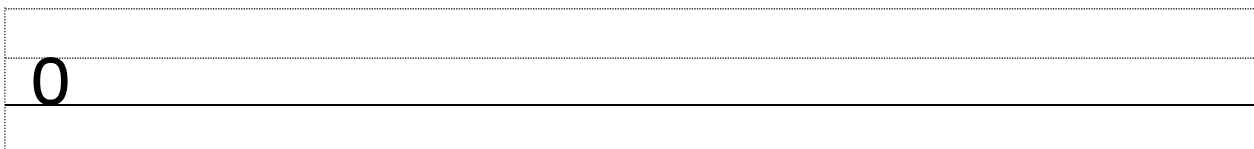
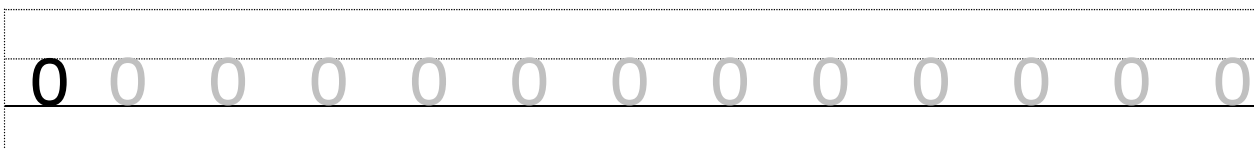
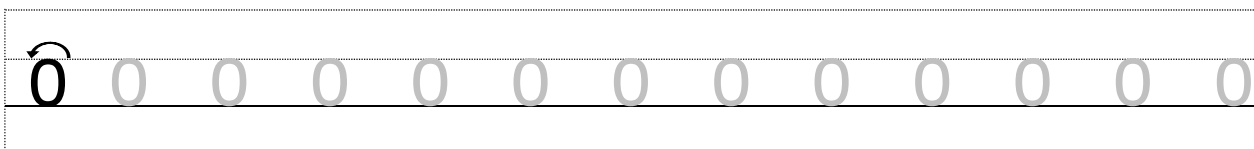
O: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

RUND FORM



o: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

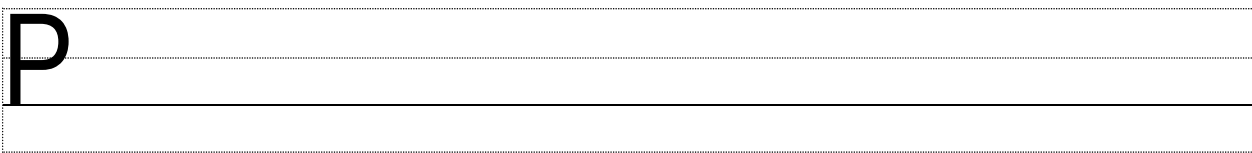
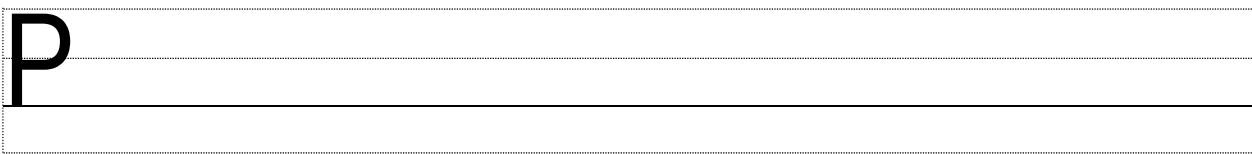
RUND FORM



P: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

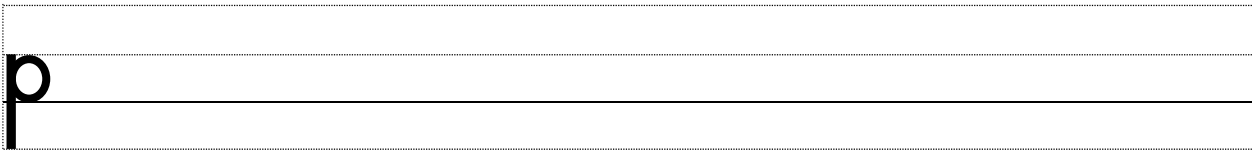
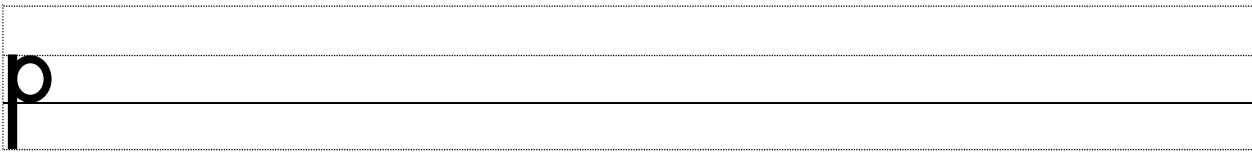
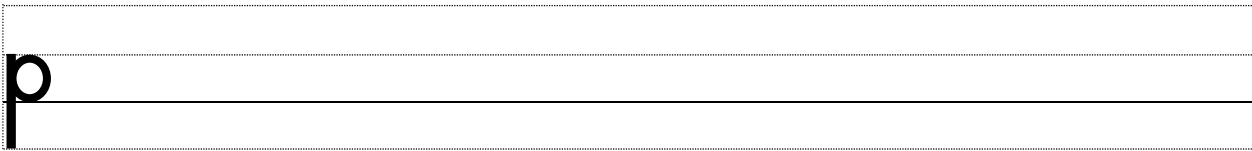
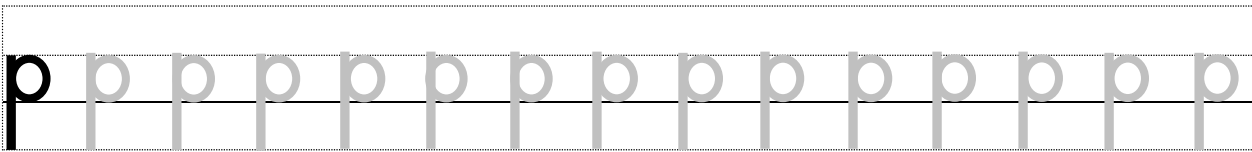
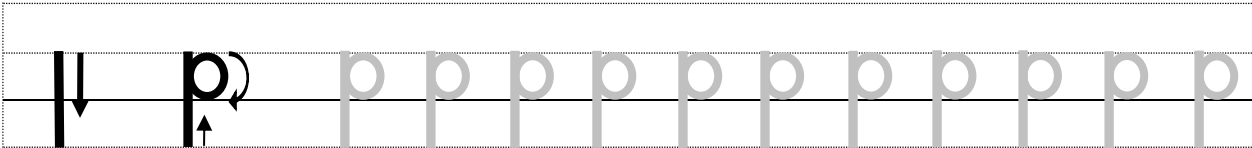
LODDRETT NED, LITEN VENSTREBUE OPPE

VENSTREBUE BETYR BUE MED ÅPNING I RETNING MOT VENSTRE



p: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

DYP LODDRETT LINJE, OPP OG RUND FORM TIL HØYRE

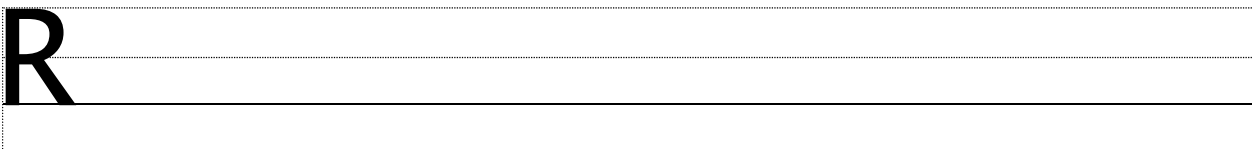
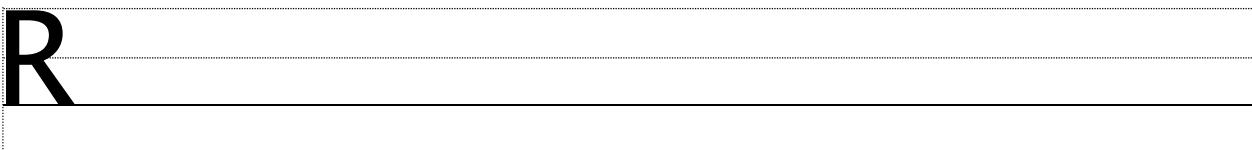


Form trykkbokstaven: forenklete selvinstruksjoner bygd på Nyborgs BU-modell

R: SKRIV TRYKKBOKSTAVET! SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, LITEN VENSTREBUE, SKRÅTT NED

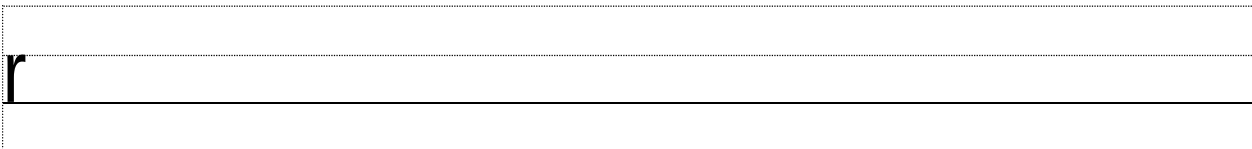
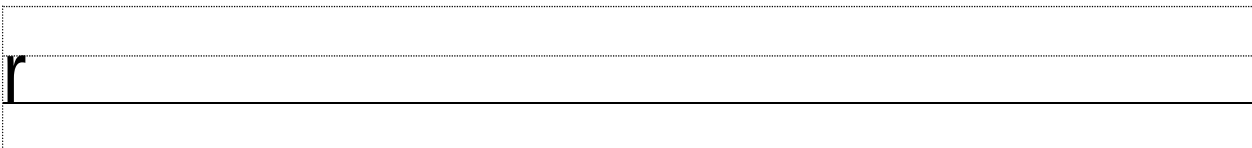
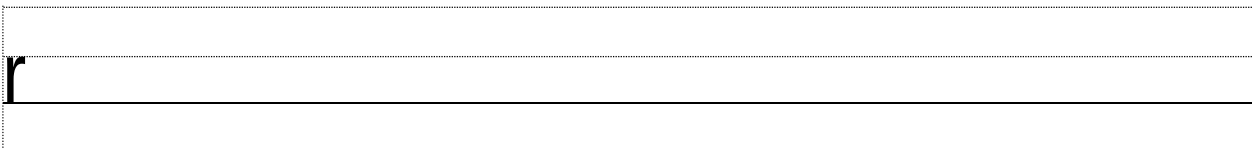
VENSTREBUE BETYR BUE MED ÅPNING I RETNING MOT VENSTRE



r: SKRIV TRYKKBOKSTAVET! SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, HALVVEIS OPP, LITEN BUE NED

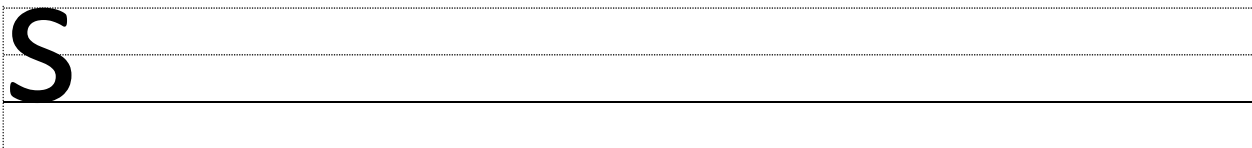
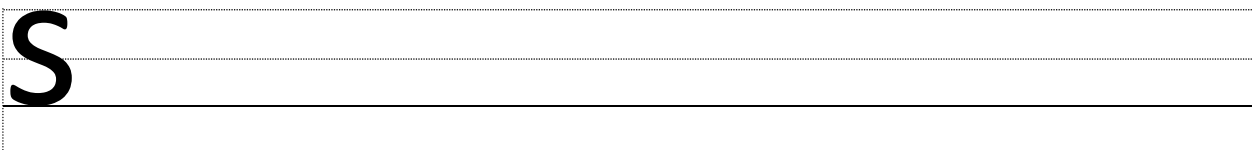
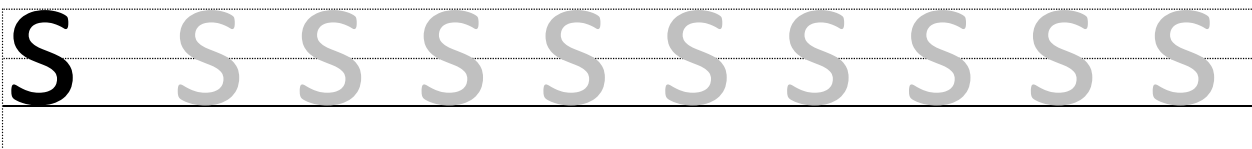
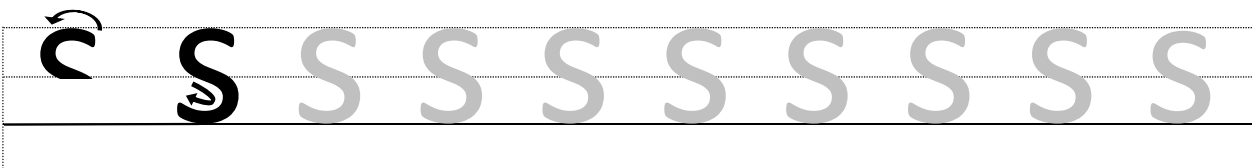
LITEN BUE NED BETYR LITEN BUE MED ÅPNING I RETNING NEDOVER



S: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

HØYREBUE OPPE, VENSTREBUE NEDE

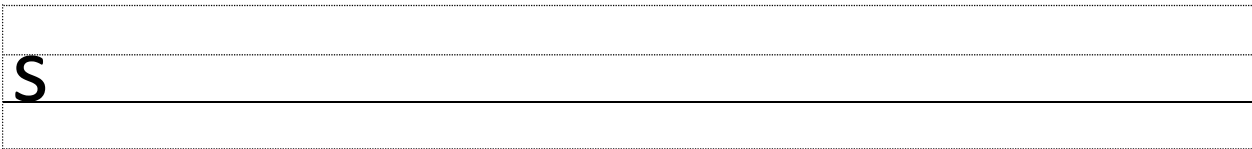
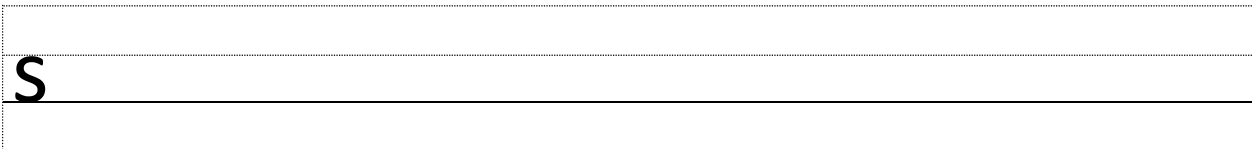
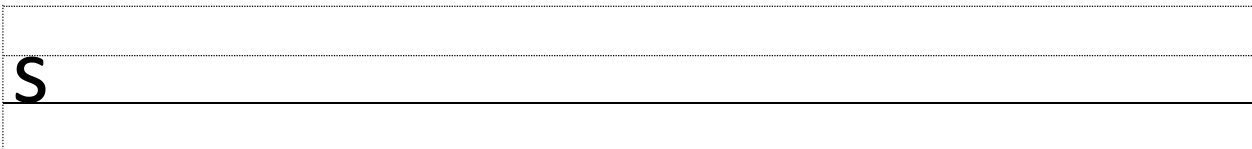
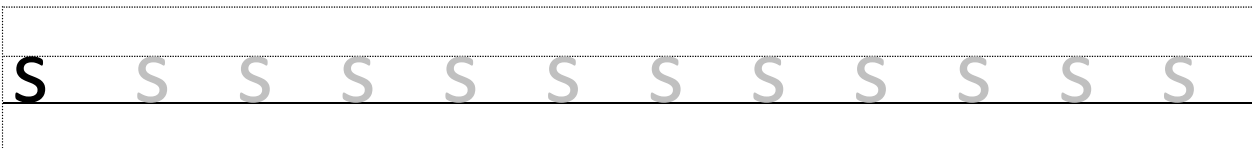
HØYREBUE BETYR BUE MED ÅPNING I RETNING MOT HØYRE, VENSTREBUE HAR ÅPNING MOT VENSTRE



s: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

HØYREBUE OPPE, VENSTREBUE NEDE

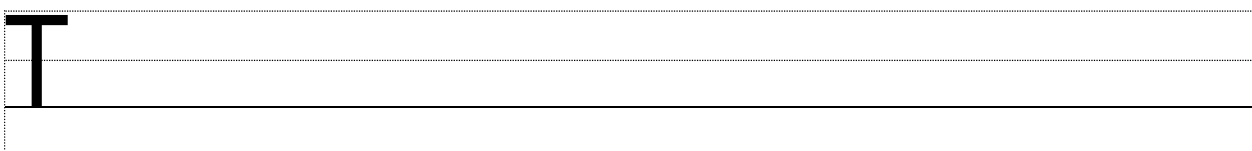
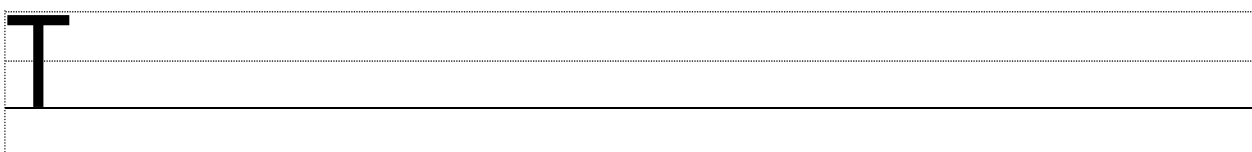
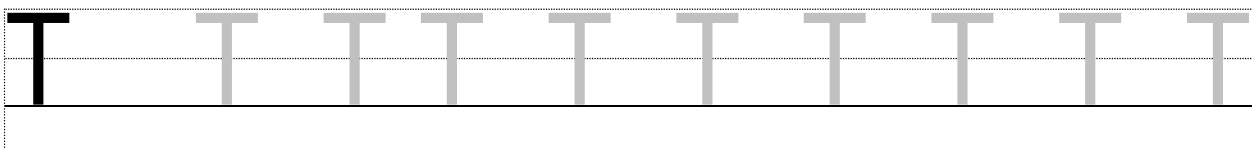
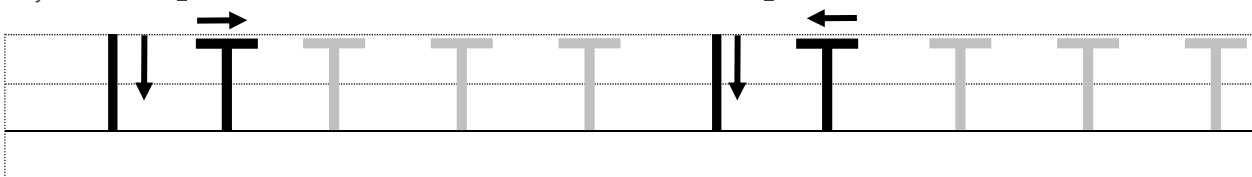
HØYREBUE BETYR BUE MED ÅPNING I RETNING MOT HØYRE, VENSTREBUE HAR ÅPNING MOT VENSTRE



T : SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: LODDRETT NED, VANNRETT

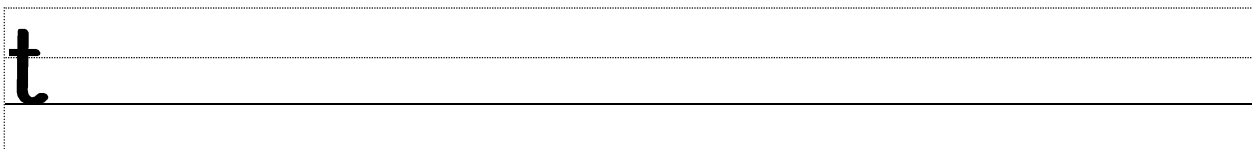
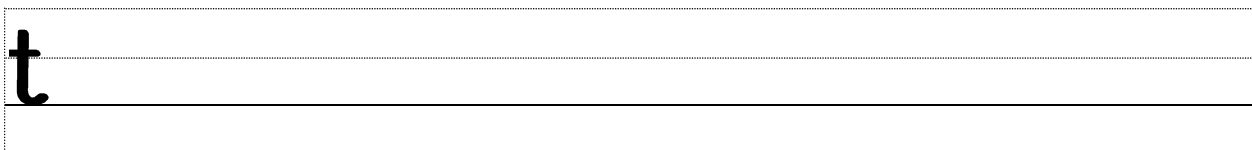
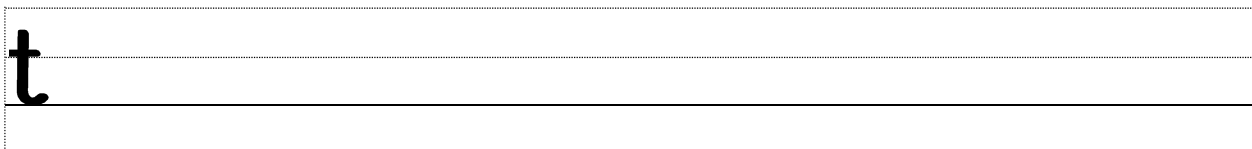
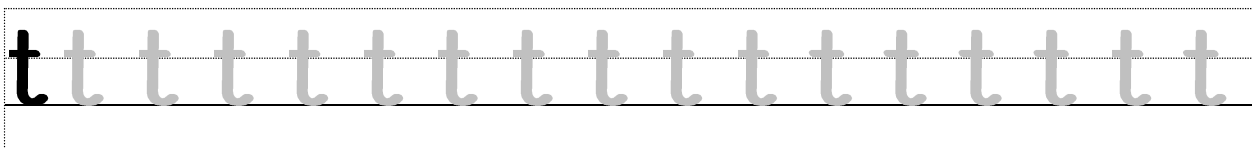
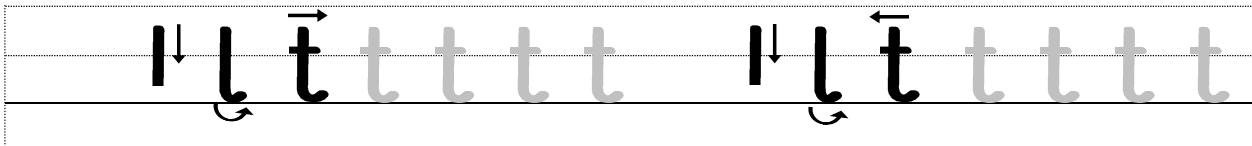
Venstre: LODDRETT NED, VANNRETT



t: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.
Pass opp: Liten t starter midt mellom linjene! Den er mellomhøy.

Høyre: LODDRETT NED, BUE OPP, VANNRETT

Venstre: LODDRETT NED, BUE OPP, VANNRETT



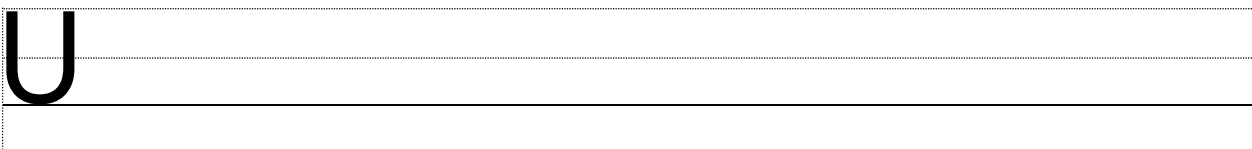
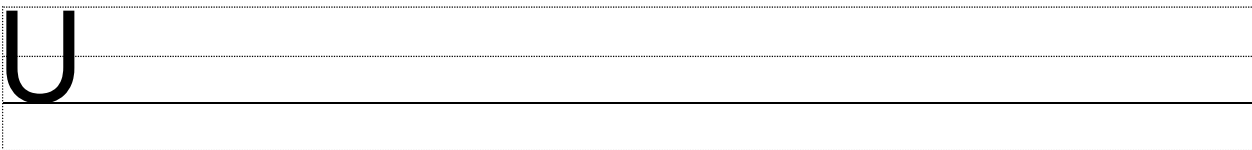
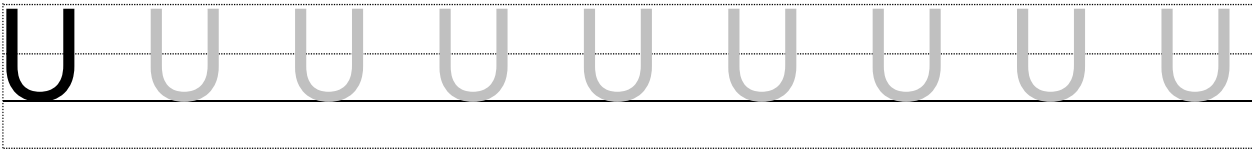
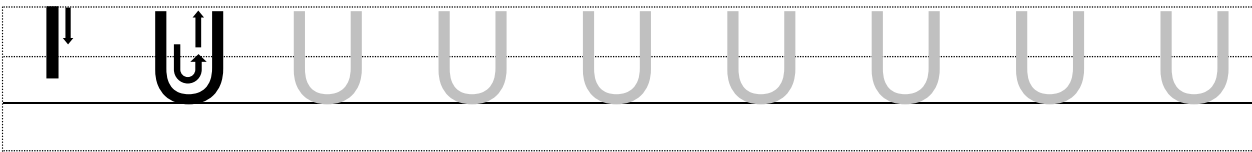
BUE OPP BETYR BUE MED ÅPNING I RETNING OPPOVER

Form trykkbokstaven: forenklete selvinstruksjoner bygd på Nyborgs BU-modell

U: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

LODDRETT NED, BUE OPP OG LODDRETT

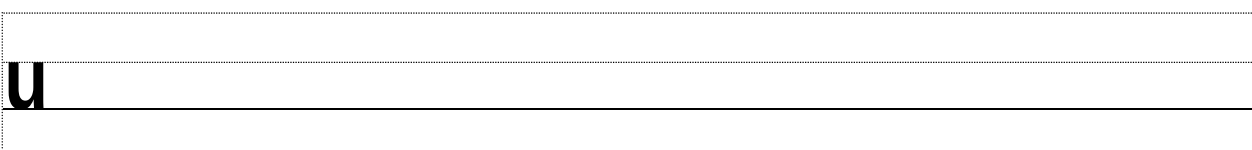
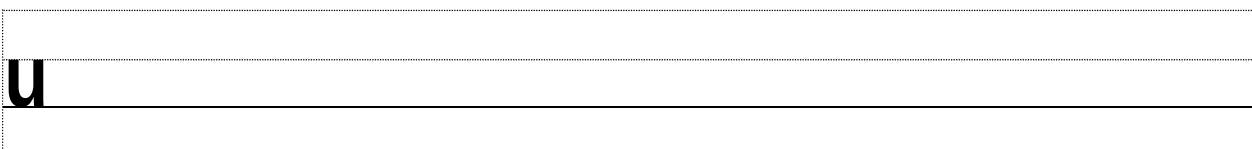
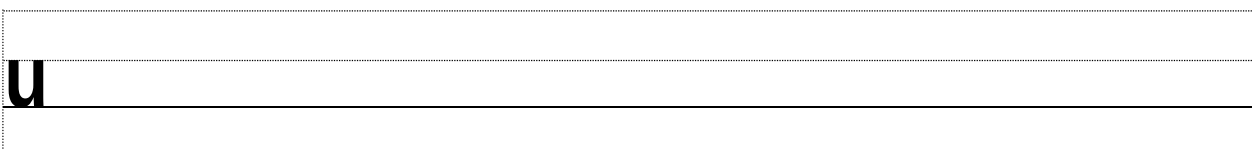
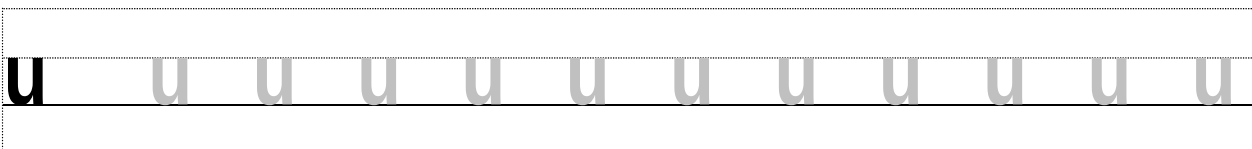
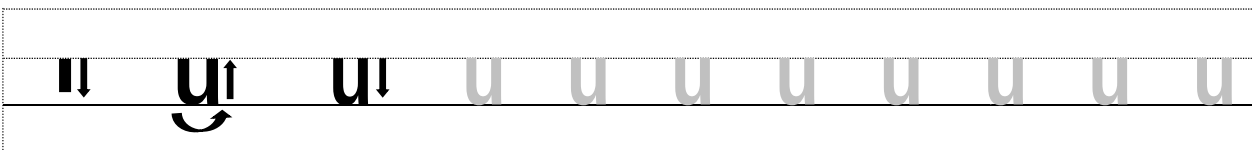
BUE OPP BETYR BUE MED ÅPNING I RETNING OPPOVER



u: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

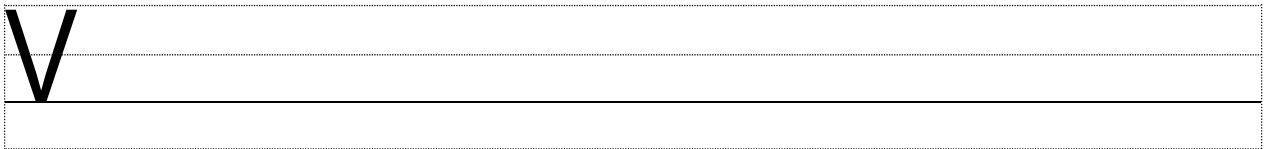
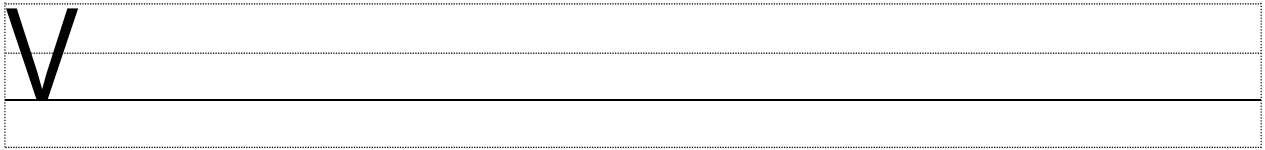
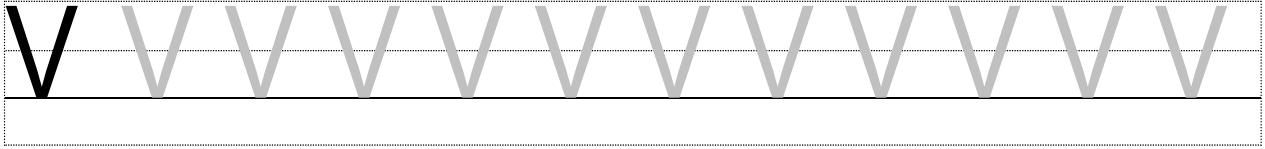
LODDRETT NED, BUE OPP OG LODDRETT OPP OG NED

BUE OPP BETYR BUE MED ÅPNING I RETNING OPPOVER



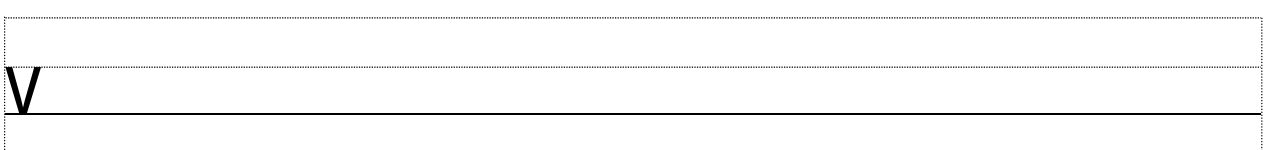
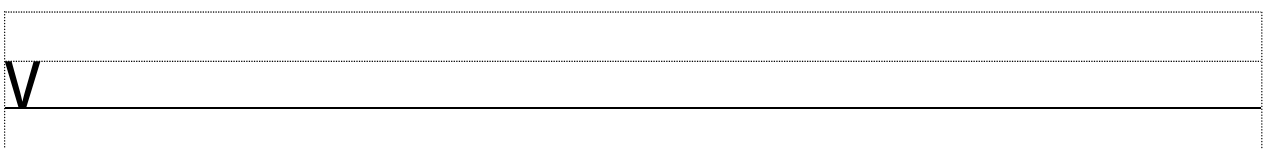
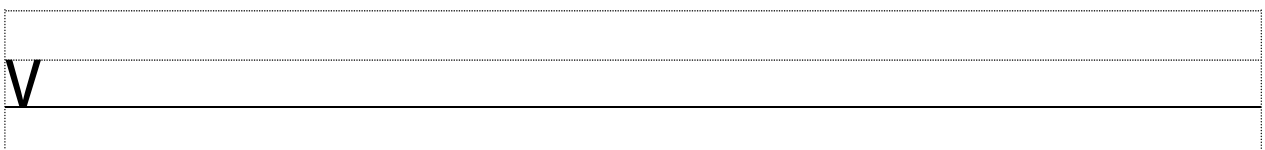
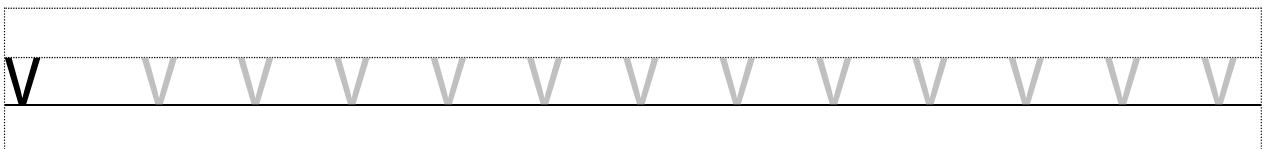
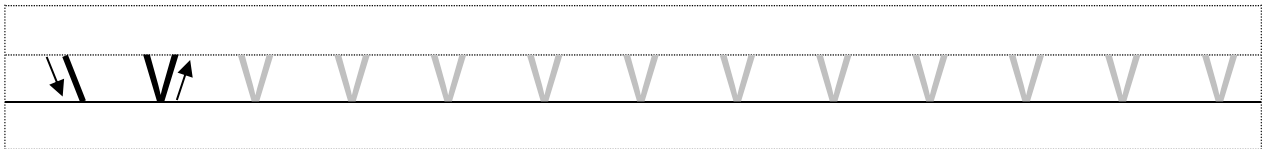
V: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

SKRÅTT NED, SKRÅTT OPP ER VINKEL



v: SKRIV TRYKKBOKSTAVEN. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

SKRÅTT NED, SKRÅTT OPP ER VINKEL

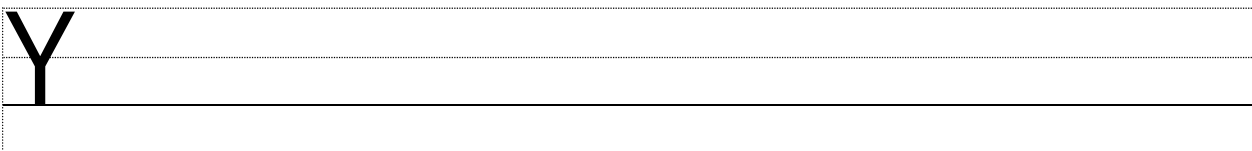
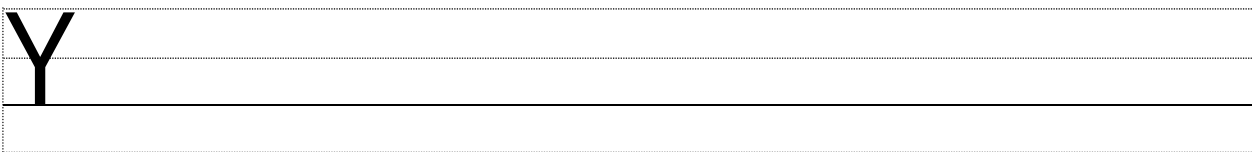
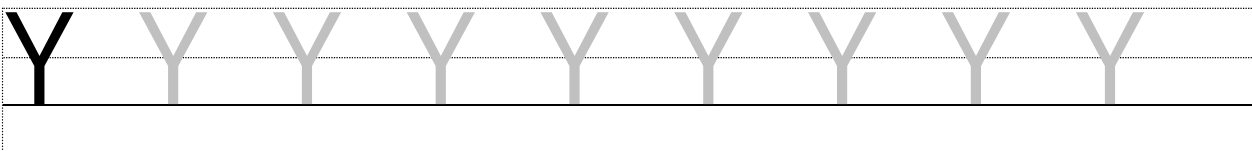
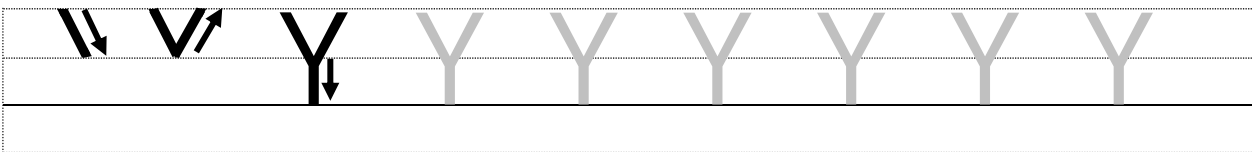


V = VINKEL

Form trykkbokstaven: forenklede selvinstruksjoner bygd på Nyborgs BU-modell

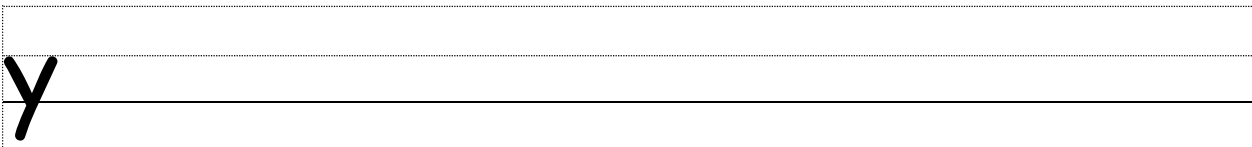
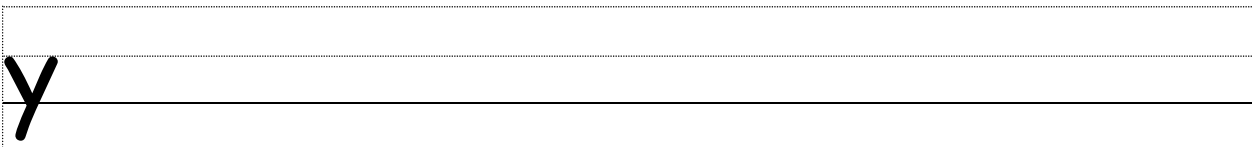
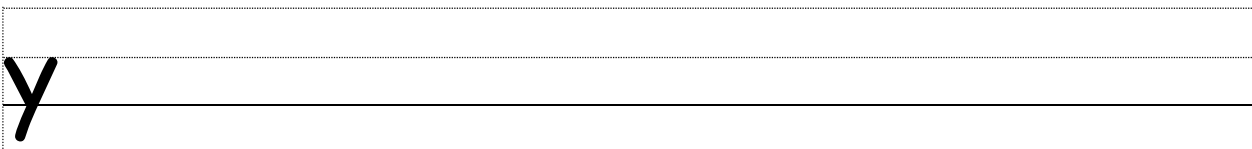
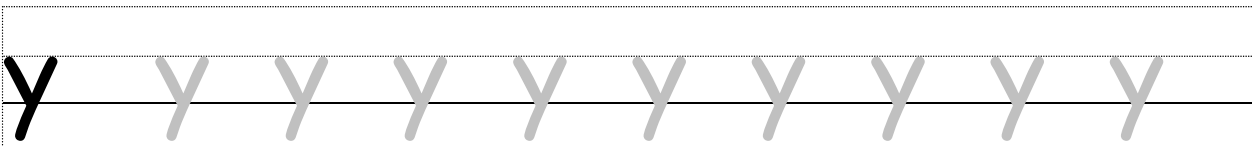
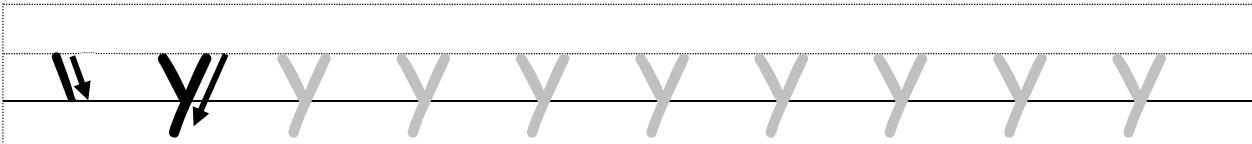
Y: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

KORT SKRÅ NED, KORT SKRÅ OPP, LAV LODDRETT NED



y: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

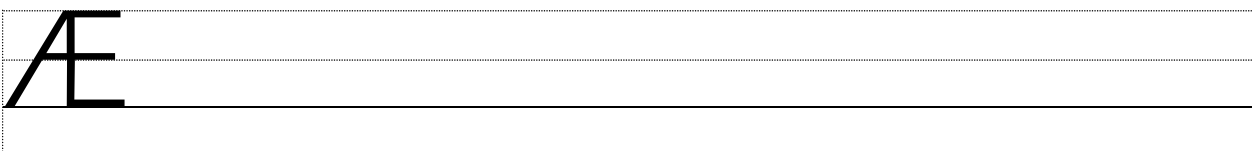
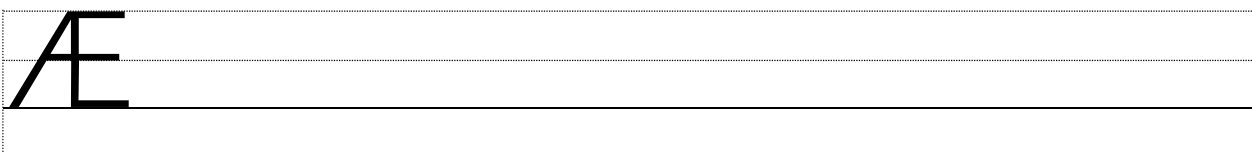
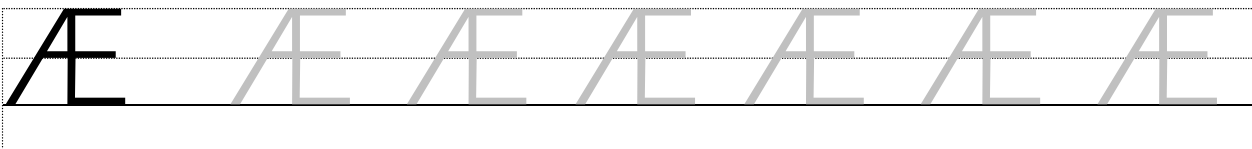
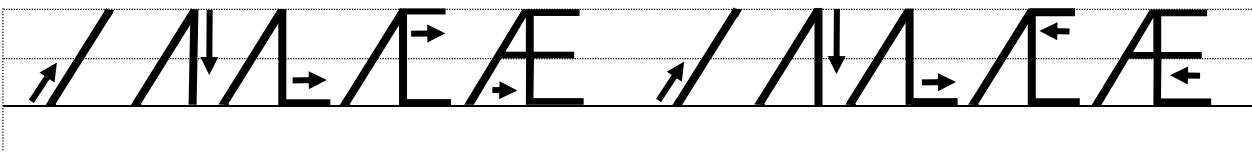
LAV SKRÅ LINJE, DYP SKRÅ LINJE



Æ: SKRIV TRYKKBOKSTAVET. SI BESKJEDE^N TIL DEG SELV MENS DU SKRIVER.

Høyre: SKRÅTT OPP, LODDRETT NED, VANNRETT NEDE, VANNRETT OPPE, VANNRETT MIDT PÅ

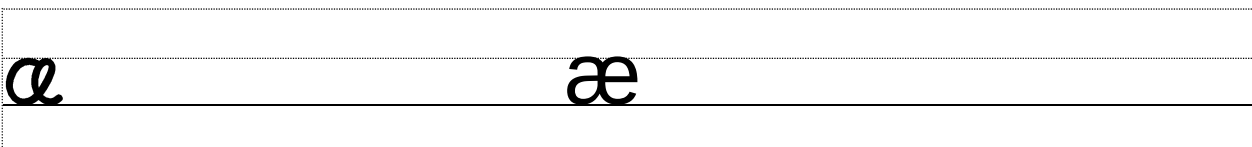
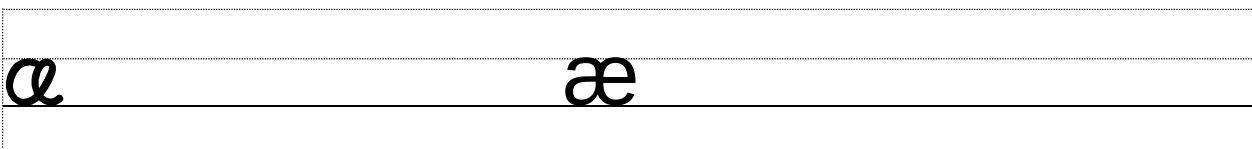
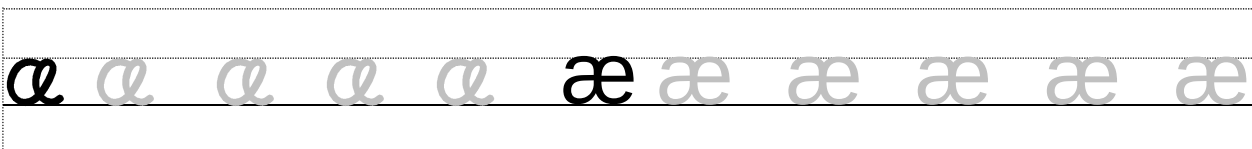
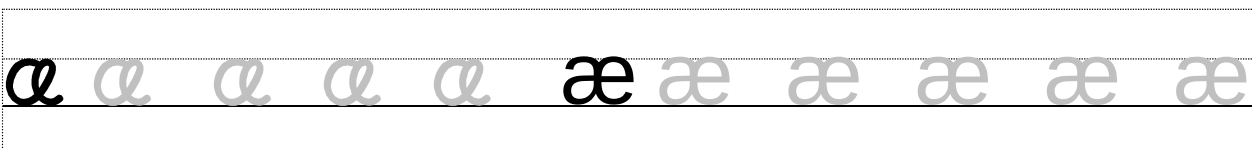
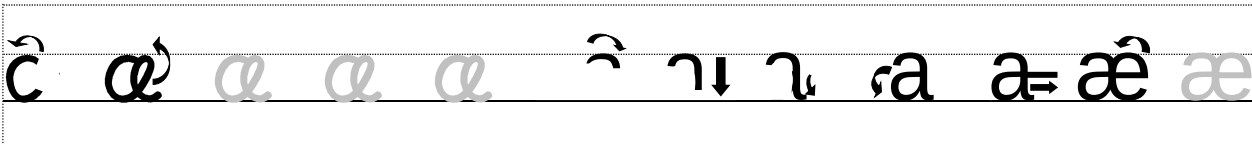
Venstre: SKRÅTT OPP, LODDRETT NED, VANNRETT NEDE, VANNRETT OPPE, VANNRETT MIDT PÅ



æ: SKRIV TRYKKBOKSTAVET. SI BESKJEDE^N TIL DEG SELV MENS DU SKRIVER.

HØYREBUE * OG LØKKE

BUE NED, LODDRETT NED, BØY, RUND FORM TIL VENSTRE, VANNRETT, HØYREBUE *



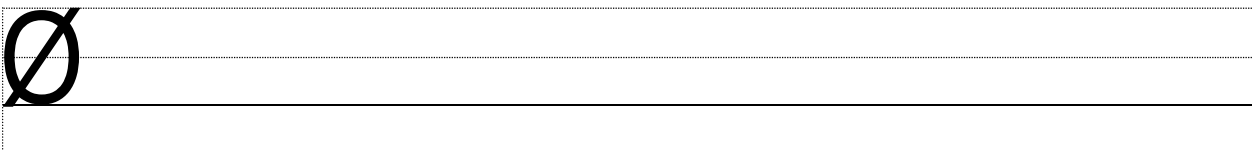
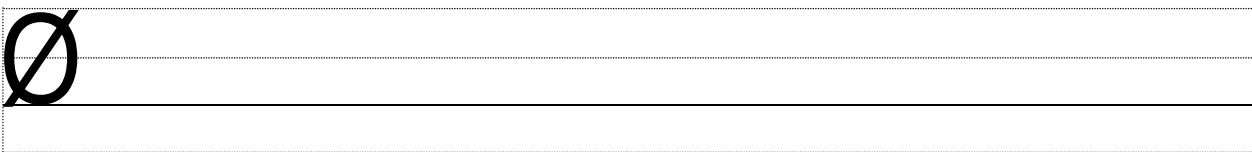
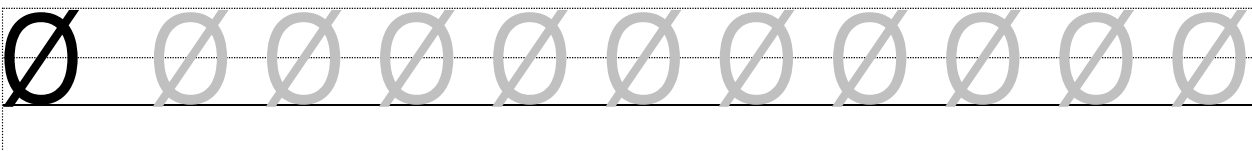
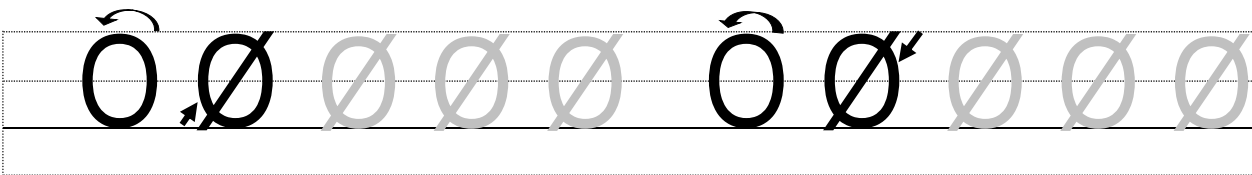
* HØYREBUE BETYR BUE MED ÅPNING I RETNING MOT HØYRE

Form trykkbokstaven: forenklede selvinstruksjoner bygd på Nyborgs BU-modell

Ø: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: RUND FORM, SKRÅTT OPP MOT HØYRE

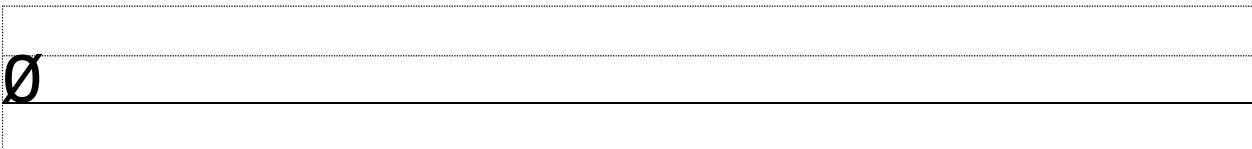
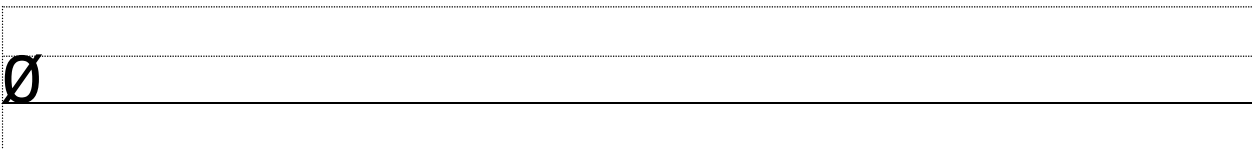
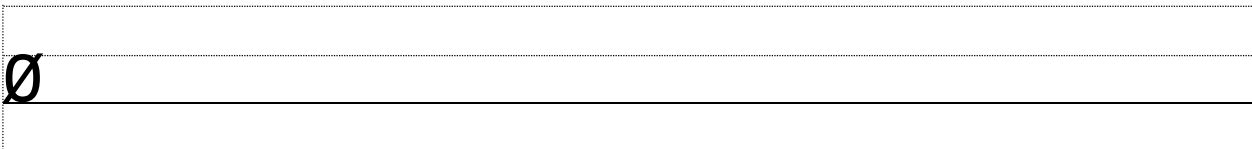
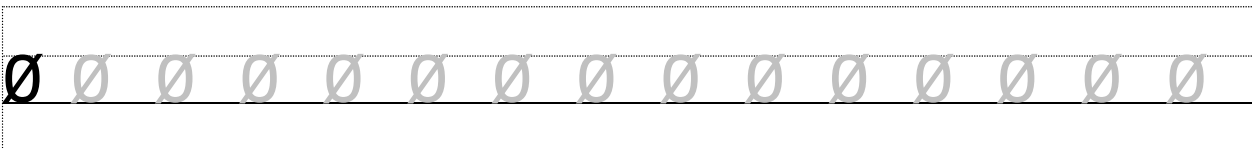
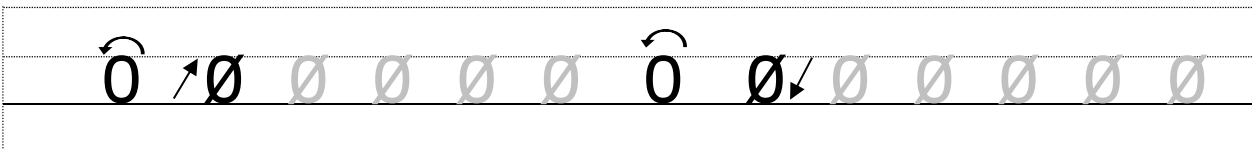
venstre/alternativ høyre: RUND FORM, SKRÅTT NED MOT VENSTRE



ø: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: RUND FORM, SKRÅTT OPP MOT HØYRE

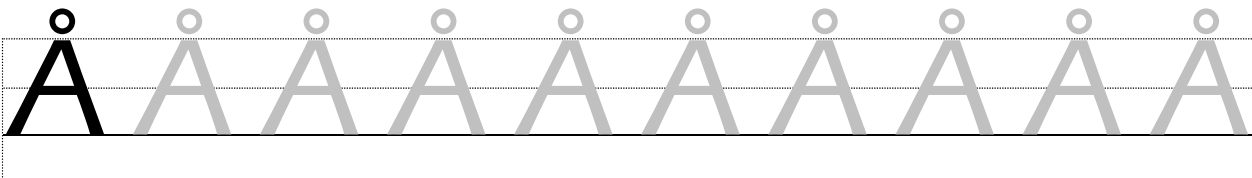
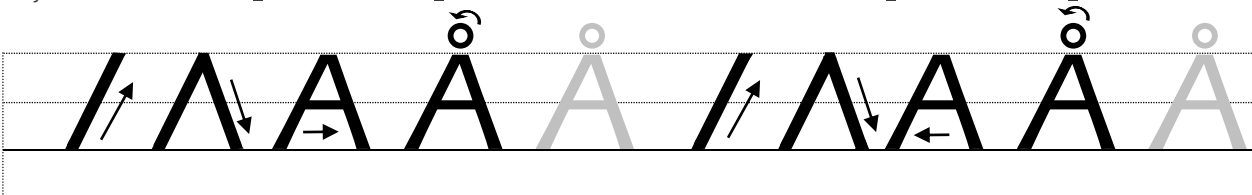
Venstre: RUND FORM, SKRÅTT NED MOT VENSTRE



Å: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

Høyre: SKRÅTT OPP, SKRÅTT NED, VANNRETT, LITEN RUND FORM

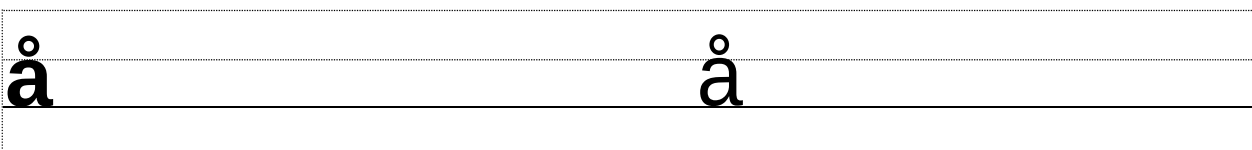
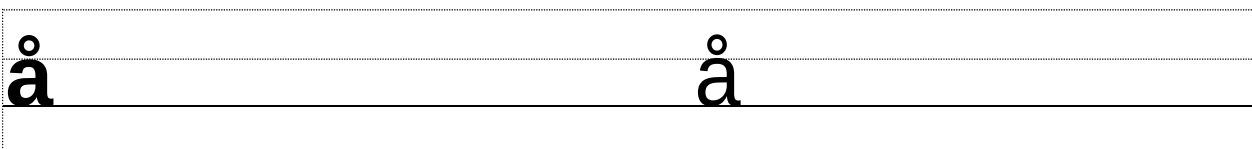
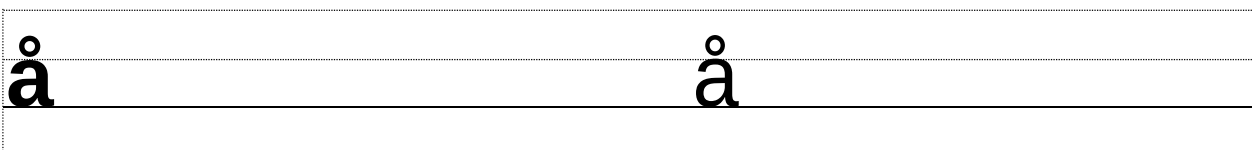
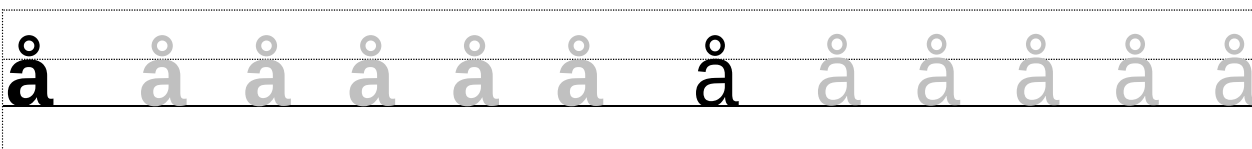
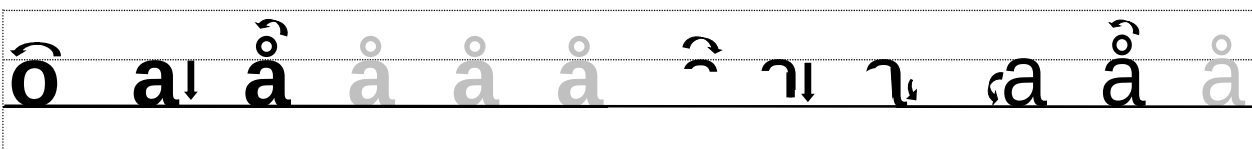
Venstre: SKRÅTT OPP, SKRÅTT NED, VANNRETT, LITEN RUND FORM



å: SKRIV TRYKKBOKSTAVET. SI BESKJEDEN TIL DEG SELV MENS DU SKRIVER.

RUND FORM, LODDRETT NED, RING

BUE NED, LODDRETT NED, BØY, RUND FORM TIL VENSTRE, RING



BUE NED BETYR: BUE MED ÅPNING I RETNING NEDOVER

Form trykkbokstaven: forenklete selvinstruksjoner bygd på Nyborgs BU-modell

